1 **THE ENEA-REG SYSTEM (v1.0), A MULTI-COMPONENT REGIONAL**
2 **EARTH SYSTEM MODEL. SENSITIVITY TO DIFFERENT**
3 **ATMOSPHERIC COMPONENTS OVER MED-CORDEX REGION**

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10

11 **Abstract**

12 In this study, a new regional Earth system model is developed and applied to the Med-CORDEX

13 region. The ENEA-REG system is made up of two interchangeable regional climate models as

14 atmospheric components (RegCM and WRF), a river model (HD), and an ocean model

15 (MITgcm); processes taking place at the land surface are represented within the atmospheric

16 models with the possibility to use several land surface schemes of different complexity. The

17 coupling between these components is performed through the RegESM driver.

18 Here, we present and describe our regional Earth system model and evaluate its components

19 using a multidecadal hindcast simulation over the period 1980-2013 driven by ERA-INTERIM

20 reanalysis. We show how the atmospheric components are able to correctly reproduce both large-

21 scale and local features of the Euro-Mediterranean climate, although some remarkable biases are

22 relevant for some variables. In particular, WRF has a significant cold bias during winter over

23 North-Eastern bound of the domain, while RegCM systematically overestimates the wind speed

24 over the Mediterranean Sea. This latter bias has severe consequences on the ocean component:

25 we show that when WRF is used as the atmospheric component of the Earth system, the

26 performances of the ocean model are remarkably better compared with the RegCM version.

27 Our regional Earth system model allows studying the Euro-Mediterranean climate system and

28 can be applied to both hindcast and scenario simulations.

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30

31   **1.   Introduction**
32

33   The Mediterranean basin is a complex region, characterized by the presence of pronounced

34   topography and a complex land-sea distribution including a considerable number of islands and

35   several straits. These features generate strong local atmosphere–sea interactions leading to the

36   formation of intense local winds, like Mistral, Etesian and Bora which, in turn, dramatically

37   affect the Mediterranean ocean circulation (e.g. Artale et al., 2010; Lebeaupin-Brossier et al.

38   2015; Turuncoglu and Sannino, 2017). Given the relatively fine spatial scales at which these

39   processes take place, the Mediterranean basin provides a good opportunity to study regional

40   climate, with a special focus on the air-sea coupling (Sevault et al., 2014; Turuncoglu and

41   Sannino, 2017). For these reasons, regional coupled models have been developed and used to

42   study both present and future Mediterranean climate system (e.g. Dubois et al., 2012; Ruti el al.,

43   2016; Darmaraki et al., 2019; Parras-Berrocal et al., 2020); these models, depending on their

44   complexity, include several physical components of the climate system, like atmosphere, ocean,

45   land surface, rivers and biogeochemistry (both for land and ocean) (e.g. Drobinski et al., 2012;

46   Sevault et al., 2014; Reale et al., 2020). Since the last two decades, an increasing number of

47   studies have been performed over the Mediterranean basin and nowadays there is a coordinated

48   effort for producing hindcast and future simulations over this region using regional coupled

49   climate models sharing some common protocols (Ruti el al., 2016). In particular, the

50   Coordinated Regional Climate Downscaling Experiment (CORDEX) was designed to produce,

51   worldwide, high-resolution regional climate simulations through a coordinated experiment

52   protocol ensuring that model simulations are carried out under similar conditions facilitating thus

53   the analysis, intercomparison, and synthesis of different simulations (Giorgi et al., 2015; Giorgi

54   et al., 2016). In the framework of the CORDEX program, regional climate model simulations

55   dedicated to the Mediterranean area belong to the Med-CORDEX initiative (Ruti el al., 2016,

56   Somot et al., 2018).

57   From an atmospheric point of view, the Mediterranean region is a transition zone between arid

58   subtropics and temperate mid-latitudes, characterized by low annual precipitation totals and high

59   interannual variability; during winter, rain is brought by mid-latitude westerlies, while warm and

60   dry summer results from the influence of subtropical remote forcing triggered by the Indian

61   monsoon (Tuel and Eltahir, 2020). Future model projections have indicated that the

Geoscientific
Model Development
Discussions

62 Mediterranean is expected to be one of the most prominent and vulnerable climate change

63 "hotspots" in the world; in particular, a significant decline in the amount of precipitation is

64 predicted by several models over the twenty-first century (Giorgi 2006; Tuel and Eltahir, 2020).

65 Given the complexity of the Mediterranean basin and the strong air–sea feedback, high

66 resolution regional Earth system models are an optimal tool for accurate simulation of past,

67 present and future climate over this region. The main aims of this paper are to present and

68 evaluate the newly developed regional Earth system model ENEA-REG; in particular, we

69 perform the evaluation run of the ENEA-REG system making a hindcast simulation using the

70 ERA-interim reanalysis as boundary conditions. The performances of individual model

71 components are evaluated comparing results with a wide range of observation-based datasets.

72 Taking full advantage of the potential offered by the RegESM coupler (Turuncoglu 2019), that

73 allows to build up in a modular way regional coupled models, the ENEA-REG is composed of

74 two interchangeable regional climate models used as atmospheric components of the Earth

75 system. Keeping fixed the ocean and rivers components, our model allows to explore the

76 sensitivity of the ocean model to different atmospheric forcings: specifically, with the direct

77 comparison of simulations differing for the atmospheric component, we infer the impact of

78 different modeling choices on both air-sea processes and, consequently, on the ocean dynamics.

79 Our results help to define possible future modelling strategies.

80

81 ## 2.   Model description
82 ### 2.1   The RegESM coupler

83 The ENEA-REG regional Earth system model has the capability to include several model

84 components (atmosphere, river routing, ocean, wave) to allow different modeling

85 applications.For each simulation, the components of the modeling system can be easily enabled

86 or disabled via the driver's configuration file. In addition, the modeling framework also supports

87 plugging new earth system sub-components (e.g. atmospheric chemistry, sea ice, ocean

88 biogeochemistry) with minimal code changes through its simplified interface, which is called

89 "cap". TheNational United Operational Prediction Capability (NUOPC) cap is a Fortran module

90 that serves as interface to a model when it is used in a NUOPC-based coupled system;it is a

91 small software layer that sits on top of a model code, making calls into it and exposing model

92 data structures in a standard way (Turuncoglu, 2019).

Geoscientific
Model Development
Discussions

93   In this study, the modeling system is configured to include three components: a regional
94   atmospheric climate model, a regional ocean model and an hydrological model. The driver used
95   to glue, regrid and exchange data among the three components of ENEA-REG modeling system
96   is RegESM (Turuncoglu 2019). The driver employs the Earth System Modeling Framework
97   (ESMF) library (version 7.1) and the NUOPC layer to connect and synchronize each model
98   component and perform interpolation among different horizontal grids (Turuncoglu 2019). While
99   the ESMF library deals with interpolation and regridding of exchanged fields, the NUOPC layer
100   simplifies common tasks of model coupling like component synchronization and run sequence
101   by providing additional wrapper layer between coupled model and ESMF framework
102   (Turuncoglu and Sannino, 2017; Turuncoglu 2019). It also allows defining different coupling
103   time intervals among the components to reproduce fast and slow interactions among the model
104   components (Turuncoglu and Sannino, 2017; Turuncoglu 2019). In this study, the model
105   coupling time step between ocean and atmosphere is set to 3-hours, while the coupling with the
106   hydrological model is defined as 1-day. In addition, the driver allows selecting the desired
107   exchange fields from a simple field database containing all available variables that can be
108   exported or imported by the different components. In this way, the coupled modeling system can
109   be easily adapted depending on the application and the particular configuration of the experiment
110   without any code customizations in both the driver and individual model components
111   (Turuncoglu, 2019).

112   In the experiment presented here, the atmospheric model retrieves sea surface temperature (SST)
113   from the ocean model (where grids are overlapped), while the ocean model collects surface
114   pressure, wind components, freshwater (evaporation-precipitation, i.e. E-P) and heat fluxes from
115   the atmospheric component. Similarly, the hydrological model uses surface and sub-surface
116   runoff simulated by the atmospheric component to compute the river drainage and exchanges
117   this field with the ocean component to close the water cycle. Further details on the ENEA-REG
118   framework and the interaction among the components are schematically depicted in **Figure 1**.

119   In the current work, we performed hindcast simulations covering the period 1st October 1979-31st
120   December 2013.

121

122   **2.2   The atmospheric components: WRF and RegCM**

123 The ENEA-REG regional Earth system model is made up of two interchangeable atmospheric

124 components: the Weather Research and Forecasting (WRF; Skamarock et al., 2008) model and

125 the REGional Climate Model (RegCM; Giorgi et al., 2012).

126 WRF is a limited-area, non-hydrostatic, terrain-following eta-coordinate mesoscale model

127 developed by the NCAR/MMM (National Center for Atmospheric Research, Mesoscale and

128 Microscale Meteorology division). WRF offers multiple options for various physical

129 parameterizations, thus it can be used to any region of the world for a wide range of applications

130 ranging from operational forecasts to realistic and idealized dynamical studies. In this work we

131 use the dynamical core ARW (Advanced Research WRF, version 3.8.1) (Skamarock et al.,

132 2008), with a single-moment 5 class scheme to resolve the microphysics (Hong et al., 2006) and

133 the Rapid Radiative Transfer Model for GCMs (RRTMG) for the shortwave and longwave

134 radiation (Iacono et al., 2008). Convective precipitation and cumulus parameterization are

135 resolved via the Kain-Fritsch scheme (Kain 2004), the planetary boundary layer (PBL) is

136 represented through the Yongsei University scheme (Hong et al., 2006), while the exchange of

137 heat, water and momentum between soil-vegetation and atmosphere is simulated by Noah–MP

138 land surface model(Niu et al, 2011). The model domain is projected on a Lambert conformal grid

139 with a horizontal resolution of 15 km and with 35 vertical levels extending from land surface up

140 to 50 hPa (**Figure 2a**). The initial and boundary meteorological conditions are provided by the

141 European Centre for Medium-Range Weather Forecast (ECMWF) reanalysis (Dee et al., 2011)

142 with a horizontal resolution of 0.75° every 6 h. The lateral buffer zone has a width of 10 grid

143 points and uses an exponential relaxation to provide the model with lateral boundary conditions.

144 In addition, we applied spectral nudging to temperature, wind components and moisture content

145 above the PBL; nudging is conducted every 6 h, consistent with the frequency of ERA-Interim

146 reanalysis data. A synthesis of parameterizations and input data used in this study is given in

147 **Table 1**.

148 The other supported atmospheric component of the regional Earth system model is RegCM

149 (version 4.5) a hydrostatic, compressible, sigma-p vertical coordinate model initially developed

150 by Giorgi (1990) and Giorgi et al. (1993a, 1993b) and then modified as discussed by Giorgi et al.

151 (2012); RegCM is maintained by ICTP's Earth System Physics (ESP) section. The dynamical

152 core of RegCM is based on the primitive equations, hydrostatic version of the National Centre

153 for Atmospheric Research (NCAR) and Pennsylvania State University mesoscale model MM5

154 (Grell et al., 1994). Similar to WRF, RegCM includes different physics and sub-grid

155 parameterization options. In this study, radiation is simulated with the radiative transfer scheme

156 of the global model CCM3 (Kiehl 1996), cumulus convection is resolved through the Grell

157 scheme (Grell 1993) with a Fritsch-Chappell scheme for unresolved convection, the planetary

158 boundary layer is represented viaa modified version of the Holtslag parameterization (Giorgi et

159 al 2012), while the exchange of heat, water and momentum between soil-vegetation and

160 atmosphere is simulated by the Biosphere-Atmosphere Transfer Scheme (BATS) (Dickinson et

161 al., 1993). The resolved scale precipitation is modeled with the SUBEX parameterization (Pal et

162 al, 2000).

163 The model domain (**Figure 2b**) is projected on a Lambert conformal grid with a horizontal

164 resolution of 20 km and with 23 vertical levels extending from land surface up to 50 hPa.

165 Similarly to WRF, we used ERA-Interim data to force RegCM and 6 grid-points in each side are

166 selected as relaxation zone with an exponentially decreasing relaxation coefficient (Giorgi et al.

167 1993) (**Table 1**).

168 A few modifications have been made both in WRF and RegCM to receive the oceanic surface

169 variables and send the atmospheric fields to the ocean component of the ENEA-REG system, as

170 described in **Figure 1**. Further details on the model's changes are described by Turuncoglu

171 (2019).

172

173   **2.3   The ocean component: MITgcm**

174 The ocean component of the ENEA-REG system is the Massachusetts Institute of Technology

175 General Circulation Model (MITgcm version c65; Marshall et al., 1997). The MITgcm solves

176 both the hydrostatic and nonhydrostatic Navier-Stokes equations under the Boussinesq

177 approximation for an incompressible fluid with a spatial finite-volume discretization on a

178 curvilinear computational grid using the z* rescaled height vertical coordinate (Adcroft and

179 Campin, 2004). MITgcm is designed to run on different platforms, from scalar to high-

180 performance computing (HPC) systems: it is parallelized via MPI through a horizontal domain

181 decomposition technique.

182 MITgcm is used by a broad community of researchers for a wide range of applications at various

183 spatial and temporal scales ranging from local/regional (e.g. Sannino et al., 2009; Furue et al.,

184 2015; Rosso et al., 2015; Sannino et al., 2015; McKiver et al., 2016; Sannino et al., 2017; Llasses

185   et al 2018; Peng et al., 2019) to global ocean simulations (e.g. Stammer et al., 2003; Forget et al.,

186   2015; Breitkreuz et al., 2018; Forget and Ferreira, 2019), including climate studies with MITgcm

187   coupled to atmosphere (e.g. Artale et al., 2010; Polkova et al., 2014; Sitz et al., 2017; Sun et al.,

188   2019).

189   In the configurations presented here, the MITgcm has been used in its hydrostatic, implicit free-

190   surface, partial step topography formulation (Adcroft et al, 1997) and has already been

191   customized and applied for simulating the Mediterranean circulation (Di Biagio et al 2019,

192   Cusinato et al. 2018). The model domain has a horizontal resolution of 1/12°, corresponding to

193   570x264 grid points, and covers the entire Mediterranean Sea with the boundary conditions in

194   the Atlantic Ocean (**Figure 2**). In the vertical the model is discretized using 75 unevenly spaced

195   Z-levels going from 1 m at the surface to about 300 m in the deepest part of the basin. We use

196   lateral open boundary conditions prescribed by the MITgcm Open Boundary Conditions (OBCS)

197   package. Temperature and salinity boundary conditions in the Atlantic Ocean are interpolated

198   from the global LEVITUS94 climatological monthly 3D data.

199   To ensure numerical stability a sponge layer is added to the open boundary of the domain. Each

200   variable is then relaxed toward the boundary values with a relaxation timescale that decreases

201   linearly with distance from the boundary. The thickness of the sponge layer in terms of grid

202   points is 18 and inner fields are relaxed toward boundary values using a 10 day period. Salinity

203   and temperature fields in the Mediterranean basin have been initialized using MEDATLAS/2002

204   climatology for the month of October. This month corresponds to a situation of stable vertical

205   stratification and can avoid sudden vertical mixing. A spin up procedure for the ocean model has

206   not been adopted, as in the regional ocean modeling community, the length of a spin-up is still a

207   matter of debate. Usually, for climate studies, long spin-up are desirable to avoid the models drift

208   considerably from the initial conditions and tend to converge toward a new state given by the

209   ocean physics (Sitz et al., 2017); as the aim of this study is the comparison of two coupled model

210   systems having in common the same ocean model, the MITgcm has the same initial and

211   boundary conditions in its two configurations.

212   Similar to the atmospheric models, we have modified the MITgcm model in order to be forced

213   by meteorological conditions derived by the atmospheric components of the ENEA-REG system

214   (see Turuncoglu and Sannino 2017 for further details).

215   **2.4   The river routing model: HD**

216 The river discharge is a key variable in the Earth system modeling as it closes the water cycle

217 between the atmosphere and ocean. The ENEA-REG system uses the Hydrological Discharge

218 (HD, version 1.0.2) model, developed by the Max Planck Institute (Hagemann and Dümenil,

219 1998; Hagemann and Dümenil-Gates, 2001), to simulate freshwater fluxes over the land surface

220 and to provide a river discharge to the ocean model. The HD model uses a regular global grid

221 with a fixed horizontal resolution of 0.5° and it is forced by daily surface runoff and drainage

222 data. Similarly to other components, the HD model was slightly modified (Turuncoglu and

223 Sannino 2017) to retrieve surface runoff and drainage from the atmospheric components of the

224 regional coupled model and to provide the river discharge to the ocean component (**Figure 1**).

225
226
227 **3. Experiment design and observational datasets**

228 In this work we present MED-CORDEX hindcast climate simulations performed with the

229 ENEA-REG model using both the atmospheric components of the system (i.e. WRF and

230 RegCM). Despite the simulations start time is October 1979, here we perform the model

231 validation over the period 1982-2013, using the first 2 years of simulation as spin up to initialize

232 all the fields of the different components of the coupled system. The validation of the coupled

233 model focuses on sea surface temperature, sea surface salinity and mixed layer depth for the

234 ocean, and 2m temperature, wind speed and freshwater and heat fluxes for the atmosphere. We

235 also compare river discharge from Po river as it influences the circulation of Adriatic Sea and the

236 formation of deep waters.

237 The simulated SST data are validated against the Objectively Interpolated Sea Surface

238 Temperatures (OISST v2, Reynolds et al., 2002, 2007), developed and distributed by the

239 National Oceanic and Atmospheric Administration (NOAA). The OISST composites

240 observations from different platforms (satellites, ships, buoys) on a 1/4° global grid and the gaps

241 are filled by interpolation (Reynolds et al., 2007).

242 Salinity data for the Mediterranean Sea are obtained from DIVA (data-interpolating variational

243 analysis); this tool allows to interpolate in situ observations to obtain gridded climatologies

244 (Brasseur et al., 1996).

Geoscientific
Model Development
Discussions

245 For the mixed layer depth, we use a global climatology computed from more than one million

246 Argo profiles collected from 2000 to present (Holte et al., 2017); this climatology provides

247 estimates of monthly mixed layer depth on a global 1° gridded map.

248 As reference dataset to evaluate the performances of the atmospheric components of the ENEA-

249 REG system we use ERA5: this allows to test model's ability to reliably reproduce their parent

250 data (Mooney et al., 2013) and because, unlike other observational data, this dataset provides

251 information on both over land and ocean.

252 The observed river discharge of the Po river has been extracted from the series of measures at the

253 Ponte Lagoscuro station from the RivDIS dataset (Vorosmarty et al. 1998)

254

255 **4.   Results**

256   **4.1   Evaluation of atmospheric models**

257 The general ability of the atmospheric components of the ENEA-REG system to reproduce

258 realistic spatio-temporal patterns of the most relevant physical variables is assessed by

259 comparing model simulations with ERA5 during winter (DJF) and summer (JJA) seasons

260 averaged over the reference period 1982-2013. In the present analysis, in addition to spatial

261 patterns and anomalies maps, we also compute correlation patterns and domain-averaged bias to

262 provide a measure of the model's skills.

263 Looking at the surface air temperature (**Figure 3**), consistent with ERA5 data, during winter both

264 WRF and RegCM show a typical eastward gradient with temperature decreasing with increasing

265 continentally, while during summer the models correctly reproduce the decreasing south-north

266 gradient with colder areas localized over mountainous regions (i.e. Alps and Pyrenees). Looking

267 at the anomalies, WRF shows a remarkable cold bias during DJF over northeastern Europe, with

268 magnitudes larger than 4 °C. Such a cold bias over this region was already described in several

269 studies and it mainly depends on the choice of WRF physical parameterizations (e.g. Moonet et

270 al., 2013; Kotlarski et al., 2014; Katragkou et al., 2015). In a sensitivity study, where different

271 physical parameterizations schemes were used to represent radiation, microphysics, convection,

272 PBL and land surface, Mooney et al. (2013) reported that the simulated summer surface air

273 temperature is mostly controlled by the selection of land surface model, while during winter the

274 temperature shows some sensitivity to longwave radiation and very little sensitivity to other

275 parameterizations. Despite, when setting up WRF, we were aware of both the need to carefully

276   select parameterization combinations and the issues associated with some of the selected

277   parameterizations, we chose the present settings as they well reproduce wind fields over the

278   Mediterranean region, which is relevant when running WRF coupled with an ocean model.

279   Besides, as demonstrated by Mooney et al. (2013), over such a large domain, no single

280   combination of parameterizations yields optimal results. Unlike WRF, RegCM does not show

281   any remarkable bias during winter and, in general, it shows a cold bias ranging between 1 and 2

282   °C over the whole Mediterranean region. The good spatial agreement found during DJF between

283   the simulated surface air temperature and the reference data is confirmed by the high spatial

284   correlation varying between 0.98 in case of WRF to 0.99 for RegCM, while the domain-averaged

285   bias ranges from -1.3°C for WRF to -0.15°C for RegCM.

286   During summer, both WRF and RegCM show a similar bias pattern, with a warm bias extending

287   from France to Eastern Europe and reaching magnitudes of up to 3 °C in case of RegCM. This

288   result is consistent with Turuncoglu and Sannino (2017) who described a similar behaviour

289   running RegCM both standalone and coupled to ROMS ocean model, with a temperature

290   overestimation up to 2.0–2.5 °C during the summer season in central and eastern Europe.

291   Overall, our regional models well reproduce the observed spatial pattern, being the spatial

292   correlation larger than 0.99 for both WRF and RegCM. Considering the domain-averaged bias,

293   during JJA the configuration using WRF shows a slightly lower warm bias (0.1 °C) compared to

294   RegCM (0.14 °C).

295   Looking at precipitation, during winter both the ENEA-REG configurations have a good

296   agreement with ERA5 data, namely the atmospheric components are able to reproduce the major

297   precipitation maxima over the Alps, Balkans and western Norway with only a substantial local

298   dry bias in the areas around the coastlines of eastern Mediterranean. In contrast, during summer,

299   WRF and RegCM systematically simulate less precipitation over most of continental Europe,

300   with RegCM showing the largest dry bias (**Figure 4**). Interestingly, considering WRF, these

301   results are not consistent with Mooney et al. (2013), who reported a positive bias in mean daily

302   precipitation over Europe during summer and related this wet bias to the land surface scheme

303   used and partially to the microphysics scheme. However, Kotlarski et al. (2014) comparing three

304   WRF experiments showed a different sensitivity, with two simulations overestimating mean

305   summer precipitation and one underestimating it; they conclude that this result depends on the

Geoscientific
Model Development
Discussions

306   choice of different microphysics schemes. On the other side, Turuncoglu and Sannino (2017)

307   found a similar bias pattern for RegCM during summer.

308   In general, the spatial performances of the ENEA-REG system are better when WRF is used as

309   the atmospheric component: the spatial correlation ranges between 0.97 during DJF to 0.95

310   during JJA, while the configuration with RegCM exhibits a slightly lower pattern correlation

311   (0.95 for DJF, 0.92 during JJA). Similarly, WRF has a smaller bias during summer (-0.42 vs -

312   0.54 mm/day), while during winter RegCM shows slightly better performances (-0.24 mm/day)

313   with respect to WRF (-0.27 mm/day); nevertheless, looking at **Figure 4** it should be noted that

314   the better performances of RegCM during winter are mainly explained by compensation between

315   dry and wet bias.

316   Despite the weak summer bias, the two atmospheric models well reproduce precipitation over the

317   sea, enhancing the reliability of freshwater flux exchanged with the ocean component of the

318   ENEA-REG system. Nevertheless, it should be noted that in the framework of coupled ocean-

319   atmosphere models, rather than precipitation, the water budget, defined as evaporation–

320   precipitation (E–P), plays a pivotal role in the dynamics of the ocean component. For this reason,

321   in **Figure 5** we show both the simulated inter-annual variability and mean seasonal cycle of the

322   area-averaged Mediterranean Sea precipitation, evaporation along with their difference (i.e. E-P).

323   Looking at precipitation, WRF shows a systematic dry bias over sea with respect to ERA5, while

324   RegCM is in good agreement with the reference value. The mean annual cycles suggest that

325   WRF underestimates rainfall during cold months (from November to March), while RegCM well

326   reproduces the observed seasonal cycle, with a weak overestimation between August and

327   October. Overall, the two configurations of ENEA-REG system well reproduce the reference

328   seasonal cycle, characterized by maximum values during fall and winter and minimum in

329   summer (JJA).

330   The total precipitation over the Mediterranean Sea is 409±41 mm/yr using WRF as atmospheric

331   component and 496±48 mm/yr in case of RegCM, while ERA5 predicts 469±50 mm/yr. In

332   general, these estimates agree with previous studies: in particular, in a different experiment,

333   where WRF was coupled with NEMO ocean model, Lebeaupin-Brossier et al. (2015) found a

334   precipitation budgets of 482±53 mm/yr over the period 1989–2008, concluding that this value is

335   in the upper part of the range given in the literature [290–510 mm/yr] (Mariotti et al. 2002;

336   Pettenuzzo et al. 2010; Romanou et al. 2010; Criado-Aldeanueva et al. 2012). Similarly, in a

337   regional climate system model developed over the Mediterranean Sea, where RegCM was

338   coupled with ROMS ocean model, Turuncoglu and Sannino (2017) found a mean annual

339   precipitation of 561 mm/yr during the temporal period 1988–2006; however, they also showed a

340   large variability in the estimates depending on the land-sea mask used to process data. In a

341   different configuration, where ALADIN climate model was coupled with NEMO ocean model,

342   Sevault et al. (2014) found a precipitation of 510 mm/yr over the time period 1980-2012, while

343   Sanchez-Gomez et al. (2011) compared 12 regional climate models finding a large spread among

344   models with mean annual precipitation estimates ranging between 347 and 606 mm/yr with a

345   mean value of 442±84 mm/yr.

346   Compared to ERA5, the evaporation is systematically overestimated by both RegCM and WRF

347   during our study period, despite the year-to-year variability is well reproduced and the mismatch

348   decreases with time (**Figure 5**); while in case of WRF this overestimation is mainly found

349   between April-September, RegCM overpredicts the evaporation during all months. Nevertheless,

350   the two configurations correctly reproduce the seasonal cycle, characterized by evaporation

351   minimum in May and maxima during late summer and winter months, when the gradient

352   between air–sea temperature is high and the wind speed is strong. The total evaporation over the

353   Mediterranean Sea is 1299±30 mm/yr and 1405±38 for WRF and RegCM, respectively, while

354   ERA5 has lower evaporation of 1198±59 mm/yr. Consistent with precipitation, our estimates

355   well agree with previous studies: Lebeaupin-Brossier et al. (2015) using WRF coupled to NEMO

356   found a total evaporation of 1442±45 mm/yr during the 1989–2008 period, while Turuncoglu

357   and Sannino (2017) using RegCM coupled to ROMS reported a value of 1388 mm/yr during the

358   1988–2006 period. Sevault et al. (2014) estimated a mean annual evaporation of 1390 mm/yr,

359   while Sanchez-Gomez et al. (2011) displayed a large variability among 12 regional climate

360   models, with annual mean estimates ranging between 1066 mm/year and 1618 mm/year, this

361   latter using RegCM offline forced by ERA40 data. The comparison with previous studies

362   highlights a general tendency of RegCM to overestimate the evaporation over the Mediterranean

363   sea, irrespective of the forcing data and parameterizations selected; this could be likely caused by

364   an overestimation of wind speed (discussed later).

365   Interestingly, because of bias compensation WRF and RegCM show a similar E-P estimate

366   (**Figure 5**); however, we found in both the configurations of the ENEA-REG system a

367   remarkable bias in E-P, with values larger than 100 mm/year, which could significantly affect the

368   ocean component. The monthly distribution of E–P shows, in both the ENEA-REG

369   configurations, a similar monthly distribution with ERA5 dataset with a peak in the late summer

370   caused by sparse precipitation and high evaporation. The total E-P estimated simulated using

371   WRF is 890±43 mm/yr while with RegCM we obtain a mean annual estimate of 909±45 mm/yr;

372   in contrast, ERA5 data has a lower E-P of 729±56 mm/yr.

373   In addition to freshwater flux, wind speed is also a key variable for ocean models as it controls

374   the evaporation over the sea surface and affects the ocean circulation through the drag stress.

375   **Figure 6** shows the near-surface wind speed as simulated by the ENEA-REG system and ERA5

376   reanalysis. The comparison with the observationally based dataset indicates that both WRF and

377   RegCM overestimate the wind speed over land during the two analyzed seasons, while over sea

378   the atmospheric models are able to correctly simulate the wind speed, especially over the Gulf of

379   Lion and the Aegean sea, where the structure and magnitude of dominant Mistral and Etesian

380   winds is well reproduced by WRF. In contrast, RegCM shows too weak Etesian during summer

381   and a general positive bias over the whole Mediterranean basin during DJF. This overestimation

382   by RegCM has a remarkable effect of deep water formation in the Levantine basin and affects

383   the deep convection and the mixed layer depth simulated by the ocean model (discussed later); in

384   addition, it is responsible for the large evaporative flux described in **Figure 5**.

385   It should also be noted that the large bias found over mountainous regions is clearly an artifact

386   due to the spatial resolution differences, with ERA5 reanalysis reproducing lower wind speed

387   than both WRF and RegCM because of its coarser resolution. In general, the two atmospheric

388   models have comparable performances in reproducing the observed spatial pattern; we find a

389   correlation of 0.98 for both models and seasons, except for RegCM during summer (0.97). In

390   contrast, WRF has a lower bias (1 m/s for DJF and 0.87 m/s for JJA) than RegCM (1.4 m/s for

391   DJF and 1.2 m/s for JJA). The higher agreement of WRF with ERA5 is a direct consequence of

392   the spectral nudging of wind data above the PBL.

393   Besides to freshwater flux and wind components, the surface net heat flux is used to drive the

394   ocean model of the ENEA-REG system (**Figure 1**); this variable represents the energy that the

395   ocean surface receives from the atmosphere and is computed from net longwave, net shortwave,

396   latent heat and sensible heat fluxes. Each component of the heat balance equation represents a

397   way ocean can gain or loss heat from the atmosphere: the latent heat flux controls the heat loss

398   by the ocean through evaporation, the sensible heat flux represents the heat loss by the ocean by

399   conduction to the atmosphere, the net shortwave radiation is the energy the ocean gains from the

400   Sun less a small amount of energy loss because of surface albedo, while the net longwave

401   radiation is the difference between the radiant energy emitted by the ocean and radiant energy

402   received from the atmosphere.

403   In **Figure 7** we compare the simulated net energy flux with ERA5 data; overall, the two

404   atmospheric models are in good agreement with the reference dataset during the analyzed

405   seasons, albeit a complex bias pattern is evident over the Mediterranean sea with WRF and

406   RegCM showing an interesting bias of opposite sign during summer and winter. The models

407   show similar skills in reproducing the ERA5 spatial patterns, both having a correlation of 0.96

408   during DJF, while in JJA RegCM (0.97) is slightly better than WRF (0.96); similarly, RegCM

409   also exhibits the lowest bias during both DJF (-1.3 W/m^2 vs 7.8 W/m^2) and JJA (3.1 W/m^2 vs

410   10.3 W/m^2). Looking at the spatial bias in more details, WRF shows a systematic positive bias

411   over the land surface up to 10 W/m^2 during winter and 15-20 W/m^2 in summer, while RegCM

412   well matches ERA5 data in DJF with bias lower than 5 W/m^2 but with a systematic negative bias

413   over the land ranging between -10 W/m^2 and -15 W/m^2 during JJA.

414   To further extend the analysis, in **Figure 8** we compare the monthly climatology of energy flux

415   components averaged over the whole Mediterranean Sea with ERA5 data. The analysis of model

416   results suggests that the latent heat is systematically overestimated by RegCM during the whole

417   year, whereas WRF is in good agreement with ERA5 during cold seasons (between October and

418   March) and it overestimates the latent heat flux in the remaining months (**Figure 8a**). The annual

419   mean estimates are 103±2.4 W/m^2 from WRF and 112±2.9 W/m^2 from RegCM, with ERA5

420   showing a slightly smaller flux (95±4.7 W/m^2). This result confirms previous findings about

421   RegCM, namely the too intense wind speed leads to a large latent heat flux and hence to an

422   overproduction of evaporative flux. In addition, our results are consistent with previous studies;

423   in particular, Turuncoglu and Sannino (2017) reported a value of 110.52 W/m^2 from RegCM

424   coupled to ROMS, whilst Sanchez-Gomez et al. (2011) showed a value of 128±5 W/m^2; in this

425   latter study, RegCM showed the largest overestimation of latent heat flux among 12 regional

426   climate models.

427   The sensible heat flux shows a similar behavior to that observed for the latent heat, namely

428   RegCM systematically overestimates this variable during the whole year, whilst WRF is closer to

429   the reference data (**Figure 8b**). The annual mean estimates are 12.9±1.2 W/m^2 from WRF,

430 17.6±1.2 W/m^2 from RegCM, while ERA5 has a slighter lower flux of 11.7±1.1 W/m^2.

431 Interestingly, using RegCM coupled to ROMS, Turuncoglu and Sannino (2017) found a smaller

432 sensible heat flux of 9.85 W/m^2, while Sanchez-Gomez et al. (2011) running RegCM offline

433 reported a value closer to our estimate (22±2 W/m^2); as the sensible heat strictly depends on the

434 gradient between SST and air temperature the lower value of Turuncoglu and Sannino (2017)

435 could be explained by a large discrepancy between the SSTs simulated by the MITgcm and the

436 ROMS ocean models.

437 The mean annual cycle of net shortwave radiation is well simulated by the atmospheric models,

438 with WRF showing a perfect match compared to ERA5, while RegCM underestimates the

439 summer peak of about 25 W/m^2 and slightly overestimates the amount of radiation received by

440 the ocean from January to April (**Figure 8c**). The mean annual estimates are 199±1.2 W/m^2 form

441 WRF, 201±1.2 W/m^2 form RegCM and 198±1.1 W/m^2 form ERA5; for both the ENEA-REG

442 configurations, these estimates are in agreement with other studies (Sanchez-Gomez et al., 2011;

443 Turuncoglu and Sannino, 2017).

444 The comparison of simulated net longwave radiation with ERA5 data indicates that RegCM

445 underestimates the thermal radiation during the whole year, while WRF is in fair agreement

446 between March and October and overestimates the longwave radiation in the other months

447 (**Figure 8d**). In addition, the amplitude of seasonal variation is well captured by RegCM; in

448 contrast, WRF shows a stronger month-to-month variability. The mean annual net lonwave

449 radiation simulated by RegCM is -77.6±1.2 W/m^2, while WRF predicts -85.6±3.9 W/m^2 which is

450 very close to ERA5 dataset (-84.8±1.2 W/m^2).

451

452 **4.2   Evaluation of ocean model**

453 **4.2.1. Surface processes**

454 The correct representation of physical processes taking place at the air-sea interface is crucial for

455 the success of a coupled climate simulation. A first evaluation of the goodness with which these

456 processes are simulated is given by the analysis of the ocean surface variables like Sea Surface

457 Temperature (SST) and Sea Surface Salinity (SSS).

458 **Figure 9** shows the comparison of simulated SST with OISST reference data. We recall that

459 SST, in a coupled simulation, is actually the same variable for ocean and atmosphere

460 components (where grids overlap), and guides the thermal exchange providing an active

461   feedback among the two components: the higher is the difference among SST and atmosphere

462   temperature, the larger will be the heat exchange at the interface that tends to lower such

463   difference. Looking at **Figure 9**, the coupled model well reproduces the OISST spatial pattern

464   with an agreement larger than 0.99 for both the configurations and seasons.WRF-MITgcm shows

465   moderate biases during winter (-0.24°C) and summer (0.23°C) while RegCM-MITgcm has a

466   widespread negative bias in winter (-0.9°C) and a positive bias in summer (0.25°C), with marked

467   spatial patterns in the eastern part of the Levantine Sea during winter and in the Sardinian Sea

468   during summer; it should be noted that the spatial average over the entire basin reduces the bias

469   within one degree, although the differences can be locally much more relevant, especially in the

470   RegCM-MITgcm configuration.

471   In spite of some large local bias, the RegCM-MITgcm well reproduces the observed interannual

472   variability, although it has a too marked year-to-year variability; in contrast, WRF-MITgcm well

473   captures the observed SST monthly anomalies (**Figure 10a**). Moreover, the WRF-MITgcm SST

474   seasonal cycle closely follows the reference dataset, while RegCM-MITgcm shows a

475   considerable SST underestimation between December and April and a slight overestimation in

476   the summer months (**Figure 10b**). Compared to similar modeling experiments, we note that an

477   overall cold bias is not unusual in coupled simulations of the Mediterranean Sea and the

478   magnitude of the biases obtained in the present study is comparable to the literature (Sevault et

479   al., 2014, Turuncoglu and Sannino, 2017, Reale et al.2020). In particular, the seasonal spatial

480   patterns in winter and summer closely resemble those shown in Turuncoglu and Sannino (2017),

481   although they used the ROMS model to simulate the Mediterranean Sea. More recently, Reale et

482   al. (2020) obtained a reduced cold bias with respect to both the available literature and the

483   present experiment performed with RegCM-MITgcm; however a direct comparison is not

484   straightforward as their simulation period was limited to the years 1994-2006. Conversely,

485   considering WRF-MITgcm, our results are slightly better than similar simulations, being the bias

486   well below 0.3°C and no remarkable local bias are evident during the analyzed seasons.

487   Considering the SSS, compared to the reference data, both the simulations show very similar

488   spatial patterns and biases (**Figure 11**); we found the ocean model, in both its configurations,

489   saltier than the reference dataset, especially in the Adriatic Sea during summer. This is due to the

490   fact that the Adriatic Sea is a dilution basin, mainly because of the important freshwater supply

491   provided by rivers. In both the simulations the freshwater input from river runoff is heavily

Geoscientific
Model Development
Discussions

492   underestimated by the interactive river routing model (**Figure 12**); this underestimation is more

493   evident in RegCM as a consequence of the larger drier precipitation bias found over land (**Figure**

494   **4**), resulting in a lower river baseline with respect to WRF (**Figure 12**).

495   Looking at the monthly SSS anomalies (**Figure 13a**) we found a similar temporal variability

496   compared to the reference data. Besides, the two configurations of the coupled model fairly

497   agree, although occasionally they are very different, as it happens in 1996, when WRF has an

498   remarkable drop in SSS due to the minimum in the freshwater flux (**Figure 5**) caused by

499   exceptional precipitation and river runoff during that year; interestingly, such a drop is also

500   evident in other observational datasets (Sevault et al., 2014).

501   Unlike the monthly SSS anomalies, the seasonal cycle of SSS for the two simulations is very

502   similar during all the months (**Figure 13b**), coherently with the freshwater flux seasonal cycle,

503   although both E and P over sea are more intense in RegCM than in WRF (**Figure 5**). Compared

504   to other studies, the mean bias of both WRF-MITgcm and RegCM-MITgcm is lower than that of

505   similar simulations for the Mediterranean Sea as it does not exceed 0.1 g/km on a basin mean

506   (e.g. Sevault et al., 2014, Turuncoglu and Sannino, 2017).

507

508   **4.2.2 Sea surface height and circulation**

509   The Strait of Gibraltar is the only connection between the Mediterranean basin and the Atlantic

510   Ocean. In general, the two-way exchange at the strait is constituted by an upper inflow of

511   Atlantic water and a lower outflow of relatively colder and saltier Mediterranean water.

512   However, the semidiurnal tidal effect is strong enough to reverse the direction of the flows

513   during part of the tidal cycle. As this exchange represents the main driver of the circulation in the

514   basin, the estimation of its value has been faced for decades.

515   The inflow transport derived from the two coupled simulations is about 1 Sv (**Table 2**);

516   similarly, the models predict a net transport of 0.06 Sv. Unfortunately, the estimate of the

517   transport obtained from the direct measurements of velocities is affected by the limited number

518   of moorings used that cannot resolve the structure of the entire section. Therefore, some

519   numerical models have also been used to reproduce and quantify the two way-exchange .

520   Estimates of mean inflow range from about 0.72 Sv of Bryden et al. (1994) to 1.68 Sv of

521   Bethoux (1979). Sannino et al. (2009) computed an inflow of 1.03 Sv using a three-dimensional

522 numerical model characterized by a very high resolution in the strait. Similarly, the long-term net

523 transport that balances the excess of evaporation over precipitation and river runoff in the

524 Mediterranean has a value of about 0.05 Sv (Bryden et al. 1994; Sannino et al., 2009);

525 noteworthy, our results well agree with these estimates (**Table 2**).

526 The Sicily strait connects the western and the eastern Mediterranean basins. The Modified

527 Atlantic Water (MAW) flows eastward in the upper layer and the Levantine Intermediate Water

528 (LIW) below it, in the opposite direction. Transports computed for this channel in the two

529 simulations are very close, with an eastward value of about 1.3 Sv and a net of a few hundredth

530 of Sv. These results are in agreement with the estimate of 1.1 Sv obtained in the experimental

531 work of Astraldi et al. (1999) and with the numerical model estimates ranging from 0.7Sv to 1.2

532 Sv (Fernandez et al. 2005, Zavatarelli & Mellor, 1995, Béranger et al. 2005).

533 The mean annual current velocity at 30 m depth and the mean annual Sea Surface Height (SSH)

534 are analyzed in **Figure 14** for WRF-MITgcm (a) and RegCM-MITgcm (b), respectively. The

535 two simulations depict a similar mean annual circulation, both at the surface (i.e SSH) and at the

536 intermediate level (i.e. velocities), with similar large-scale features.

537 The Atlantic Water (AW) circulation picture is in good agreement with those described by Millot

538 and Taupier-Letage (2005) and Pinardi et al. (2013), the first being mainly based on both in situ

539 and remotely sensed datasets, the latter resulting from a reanalysis performed with a model

540 having an horizontal resolution of $1/16° \times 1/16°$. In particular, Atlantic surface waters enter at

541 Gibraltar, are trapped into gyres in the Alboran Sea and then exit, dividing into two branches:

542 one sticking to the North-African coast, forming the Algerian current and the other in the

543 direction of the Balearic Islands. This latter detaches from the coast and flows south of Ibiza

544 Island generating an intense jet flowing eastward. This current receives the contribution of the

545 Southern edge of the Lion cyclonic gyre after the Balearic Sea and generates the Southern

546 Sardinian Current flowing along the west coast of Sardinia and merging with the Algerian

547 current. The Southern Sardinian Current branches in three parts (Béranger et al., 2004; Pinardi et

548 al., 2006): the southernmost branch produces the Sicily Strait Tunisian current, the central one

549 forms the Atlantic Ionian Stream (Robinson et al., 1999; Onken et al., 2003; Lermusiaux and

550 Robinson, 2001) and the northernmost one enters in the Tyrrhenian Sea giving rise to the South-

551 Western Tyrrhenian gyre. Finally, the Atlantic waters penetrate into the eastern basin through the

552 Sicily Strait. Noticeably, all these structures are very well defined in both the configurations of

553   the regional Earth system model (**Figure 14**). In addition, in the western Mediterranean basin,

554   the two model's versions show a wide cyclonic gyre, including the liguro-provencal current in

555   the Gulf of Lions.

556   The mean circulation in the Eastern basin is characterized by several features common to both

557   simulations. It is possible to appreciate how the surface water penetrates into the Adriatic Sea

558   with a cyclonic circulation, and it is possible to notice the presence of a counterclockwise

559   circulation in the Aegean Sea in both simulations; the WRF-based configuration is characterized

560   by a more intense eastward jet crossing the Eastern basin (**Figure 14**).

561   Also, the simulations reproduce quite clearly the places where deep water formation takes place:

562   the three cyclonic gyres located in the Gulf of Lyon, southern Adriatic Sea and in the Levantine

563   Sea. These cyclonic gyres concur with negative SSH values, which highlight the sinking of

564   surface waters.

565

566   4.2.3 Heat and salt contents

567   Mean annual temperature and salinity averaged over the entire Mediterranean basin and the

568   Western and Eastern sub-basins are shown in **Table 3**; here we present estimates from the DIVA

569   data, while for the two simulations we show the anomalies with respect to the reference data. The

570   average content of heat and salt has been computed over different vertical layers: the entire

571   column, the surface layer (0 -150m) corresponding approximately to the Atlantic Water, the

572   intermediate layer (150-600m) representing mainly the Levantine Intermediate Water, and the

573   deep layer (600-3500m) containing the Eastern and Western Mediterranean Deep Waters.

574   The average temperature of the whole water column, for each sub-basin, is in good agreement

575   with observations in both coupled runs, being the difference between modeled values and

576   observations not exceeding 0.2°C. Major discrepancies are concentrated in the upper layer of the

577   Eastern basin, where both models result colder than observation, with WRF-MITgcm showing an

578   underestimation of 0.45°C, while RegCM-MITgcm has a bias exceeding 1°C. Such discrepancy

579   reduces within the intermediate layer, while there is a slight overestimation in the deep layer, that

580   quite compensates for the error in the uppermost layers, when the total average is computed. In

581   the western basin the two models remain much closer to the observations, although RegCM-

582   MITgcm shows a systematic cold bias and WRF-MITgcm a systematic warm bias; however,

583   WRF is always closer to observations than RegCM. Notwithstanding the bias, we point out that

584 the mean values of the temperature within the different layers are compatible with those obtained

585 in analogous simulations, and are within the ensemble spread computed from the series of Med-

586 Cordex simulations analyzed by Llasses et al. (2018).

587 **Figure 15** shows the time series of mean annual temperature anomalies computed over the 1982-

588 2013 period for the surface and intermediate layers in the whole basin and in the Western and

589 Eastern sub-basins. Generally, the interannual variability of the whole basin is well captured by

590 the two simulations in both the surface layer and in the intermediate level. WRF-MITgcm is

591 remarkably close to observations between 0-150 m, while in the intermediate layer small

592 differences occur at the beginning of the simulations. The RegCM -MITgcm simulation shows a

593 slightly different behaviour with respect to observed data especially after the year 2006, when

594 the intensity of the positive anomalies is underestimated in both layers, although the year-to-year

595 variability is well reproduced. Altough the same general considerations hold for each of the two

596 sub-basins, we observe that WRF-MITgcm remarkably well captures the surface positive

597 anomaly in 1990 in the western basin, as well as the sequence of negative anomalies in the

598 eastern basin (1983,1987, and 1993). In the intermediate layer, the sudden drop of temperature

599 during 1993 is the signature of the Eastern Mediterranean Transient (EMT) phenomenon

600 (discussed in paragraph **4.2.4**).

601 The mean annual salinity averaged over the whole column (**Table 3**) is slightly overestimated in

602 both simulations (0.06 psu) mainly due to an overestimate of the salt content in the eastern sub-

603 basin. In the Eastern basin the maximum of salinity is correctly found in the intermediate layer

604 (150-600m), in correspondence of the LIW, although the RegCM-MITgcm simulation shows a

605 too slight decrease of the salinity from the intermediate to the deep layer. Such behaviour is

606 consistent with the higher values reached by the Mixed Layer Depth (MLD) in the same area

607 with respect to the MLD of the WRF-MITgcm simulation (discussed in paragraph **4.2.4**).

608 Similarly, in the western basin saltier intermediate water is clearly identified in the WRF run

609 with respect to RegCM, due to the combined effect of the advection of a saltier LIW and a less

610 intense deep convection, that in the western basin is mostly concentrated in the Gulf of Lion

611 area. The comparison of the MLD in the Gulf of Lion area (see paragraph **4.2.4**) supports this

612 hypothesis.

613 **Figure 16** shows the time series of mean annual temperature anomalies computed over the 1982-

614 2013 period for the surface and intermediate layers in the whole basin and in the Western and

615   Eastern sub-basins. While the entire basin variability is generally well reproduced, the behaviour

616   of models in the two sub-basins deserves some comment. In particular, in the western basin the

617   RegCM-MITgcm simulation fails in reproducing the drop in salinity of the uppermost layer

618   during the years 1990-1995. This is probably due to a too low freshwater flux in the RegCM-

619   MITgcm simulations in those years, confirmed by high values of the MLD. On the other hand, in

620   the eastern basin the WRF-MITgcm shows a freshwater anomaly in the 0-150m layer during the

621   years 1995-1997 that is not detectable in the reference data. However, it should be noted that the

622   same anomaly has also been observed in the SSS time series and is caused by exceptional

623   precipitation and river runoff as already reported by Sevault et al. (2014). Anyhow, such a drop

624   seems to affect mainly SSS and the surface layer, while it is scarcely transferred below 200 m. In

625   the intermediate layer both simulations show a steady increase in the salinity anomaly. RegCM-

626   MITgcm has almost a linear increase throughout the entire simulation period, due to the excess

627   of surface salinity and anomalous deep convection in the Levantine Sea, while WRF-MITgcm is

628   quite stable during the first half of the simulations and then shows a steep linear increase from

629   2000 onward.

630

4.2.4 Deep water formation

632   The formation of intermediate and deep waters due to sinking of dense water is one of the

633   fundamental processes taking place in the Mediterranean Sea, in both the Eastern and Western

634   sub-basins. Typical regions interested by this process are the Gulf of Lion, the South Adriatic,

635   the Cretan Sea and the Rhode Gyre. Such a process, mainly driven by the strong air-sea

636   interactions, takes place during the winter season, and is more effective during February. The

637   most active region for deep water formation is the Gulf of Lion, while intermediate and deep

638   waters are usually formed in the Adriatic and Levantine Sea, respectively.

639   The MLD is related to thermodynamic properties of seawater and is a pivotal variable helping in

640   the identification of deep-water formation events. High MLD values are related to strong air-sea

641   processes taking place at the surface or to preexisting stratification of the whole water column.

642   **Figure 17** compares the simulated monthly maximum MLD computed over most important

643   convective areas, i.e. the Levantine Sea, the Gulf of Lion, and the Adriatic Sea. Overall, RegCM-

644   MITgcm shows a more intense convection activity with respect to WRF-MITgcm, reaching the

645   deepest levels in all the analyzed regions. Looking at the Levantine region (**Figure 17a**), during

646   almost the entire simulation, the MLD simulated by RegCM-MITgcm exceeds 1000m depth,

647   while in case of WRF-MITgcm, the MLD is more variable in time. The latter is often less than

648   1000m and reaches the entire water depth during a few events, which are well known and

649   documented also in observations (Lascaratos et al. 1999; Malanotte et al., 1999; Roether et al.,

650   2007). These events (1983,1987 and 1989), corresponding to intense atmospheric fluxes, have

651   favoured the preconditioning of the eastern basin leading to the well-known phenomenon of the

652   EMT. Therefore, we can conclude that the LIW formation is better reproduced in the simulation

653   that has WRF as an atmospheric component.

654   Similarly, several MLD observation-based estimates are available in the Gulf of Lion for the

655   period covered by our simulations (e.g. Martens and Schott 1998; Schroeder et al., 2008; Somot

656   et al., 2016). Compared to these estimates, we observe that WRF-MITgcm simulation closely

657   follows the timing of deep water formation in the Western Mediterranean, in particular the deep

658   convection events of 1987 and 2005, with the exception of 1991 and 1992, identified by Somot

659   et al. (2016) as years of intense mixing; in contrast, RegCM-MITgcm systematically presents a

660   deeper MLD (**Figure 17b**).

661   In addition to the temporal evolution of MLD, in **Figure 18** we compare the mean spatial pattern

662   of the MLD with ARGO data (Holte et al., 2017). Results suggest that the RegCM-MITgcm

663   simulation not only reaches higher depths but also the downwelling regions are much more

664   extended compared to both ARGO data and WRF-MITgcm simulation. This is particularly

665   evident in the Levantine basin and, to a lesser extent, in the Western Mediterranean where the

666   downwelling area extends from the Gulf of Lion to the Ligurian Sea.

667   The steady-state picture of the Mediterranean thermohaline circulation, in which the Eastern

668   Mediterranean Deep Water (EMDW) is only of Adriatic origin, has been called into question by

669   the discovery of the EMT. As described by many authors, there is observational evidence that

670   during the '90s the main source of EMDW migrated to the Aegean Sea (Lascaratos et al., 1993;

671   Malanotte et al., 1999; Wu et al., 2000; Roether et al., 2007; Beuvier et al., 2010). The common

672   understanding is that the EMT has been the effect of many concurrent causes that make this

673   process difficult to be simulated: the large heat loss from surface in the Levantine, the shifting

674   from cyclonic to anticyclonic circulation in the Ionian that prevents the entering of freshwater in

675   the Levantine basin, and the lower than usual freshwater flux from the Black Sea. Waters formed

676   in the Aegean are warmer and saltier than that of the Eastern Mediterranean at the same levels,

677   and they are found at intermediate levels between LIW and EMWD of Adriatic origin. During

678   the EMT period, instead, bottom levels were filled with newly formed waters of Aegean origin,

679   while the less dense Adriatic waters were uplifted (Roether et al., 2007). All the studies agree on

680   a massive dense-water formation in the Aegean Sea during the period 1987-1994 (e.g.

681   Theocharis et al., 2002); as described by Theocharis et al. (1999), during the period 1986-1987,

682   the Cretan Sea was characterized by a weak stratification. In the following years, water with

683   densities higher than 29.2 was found at progressively upper layers in the Cretan Sea, with a

684   significant formation rate in particular during 1989, due to an intrusion of deep waters from the

685   central Aegean through the Myconos-Ikaria strait (Vervatis et al., 2013). Starting from 1989

686   dense water outflowed from the Cretan Arcs and was found in the Eastern Mediterranean Sea at

687   levels between 700 and 1600 m. Then, dense water formation in the Cretan Sea increased during

688   1991 and 1992, the new water reached the upper layer of the Cretan basin, and the entire basin

689   was filled with young water with density up to 29.3.

690   This phenomenon is remarkably well reproduced by the WRF-MITgcm simulation, both

691   considering the timing of events and the density and volumes of newly formed waters, as shown

692   in **Figure 19.** Here is depicted the volumes occupied by water with density higher than 29.2

693   kg/m3 and 29.3 kg/m3 in the Cretan Sea are; it can be seen that the period between 1983 and

694   1993 is characterized by an increase of the volume with three most significant peaks in 1984,

695   1989, and the highest in 1993, in both the simulations. Comparing with Sevault et al. (2014), the

696   WRF-MITgcm has very similar behaviour with respect to both the timing of the events and the

697   volumes formed, although they showed the whole Aegean Sea rather than the only Cretan Sea. In

698   the 29.3 time series the event of 1993 is remarkably high, as expected, being this event the clear

699   signature of the EMT. In contrast, RegCM-MITgcm is characterized by a more intense dense

700   water formation, with the 29.2 water almost filling the Cretan basin during the whole simulation,

701   while the 29.3 water almost fills the Cretan Sea in 1993, according to the EMT event. In the

702   second part of the simulation, the volume of water filled with the densest water in the RegcM-

703   MITgcm equals the volume occupied by the lower density water of WRF-MITgcm. Such an

704   intense production of dense water in the Aegean Sea probably also affects the deep convection

705   processes in the nearby Levantine Sea.

706

707

5.   Summary and conclusions

We presented a newly designed regional Earth system model used to study the climate variability over the Euro-Mediterranean region. The performances of individual model components were evaluated comparing results from the simulations with a wide range of observation-based datasets.

Unlike other existing coupled atmosphere–ocean models, our system is made up of two interchangeable atmospheric components (i.e. RegCM and WRF), offering thus the capability to select the regional atmospheric model to be used. For each atmospheric configuration, we performed a hindcast simulation over the period 1980-2013 using ERA-INTERIM reanalysis as lateral boundary conditions.

Overall, results indicate that both RegCM and WRF correctly reproduce both large-scale and local features of the Euro-Mediterranean climate, although some remarkable biases are relevant for some variables. In particular, while WRF shows a significant cold bias during winter over North-Eastern bound of the domain, RegCM systematically overestimates the wind speed over the Mediterranean Sea.

Similarly, the ocean component correctly reproduces the analyzed surface ocean properties, (along with their interannual variability) as well as the observed circulation in both the configurations of the coupled model. Anyhow, results also point out remarkable better performances when WRF is used to drive the ocean component of the coupled model; in fact, because of the systematic overestimation of wind speed by RegCM, the ocean model has a cold bias in SSTs during winter months and simulates a too deep mixed layer depth. This outcome is mainly evident for the EMT, for which we showed that WRF-MITgcm is able to reproduce the timing and the main characteristics of this event.

However, one could question that the overall better performances of WRF-MITgcm with respect to RegCM-MITgcm could be attributable to the spectral nudging. This method allows the passing of the driving model information not only onto the lateral boundaries but also into the interior of the regional model domain (Waldron et al.1996; Heikkilä et al., 2011); this is achieved by relaxing the model state towards the driving large-scale fields by adding a non-physical term to the model equation (Omrani et al., 2015). Clearly, the spectral nudging allows a stronger control by the driving forcing and thus a greater consistency between the regional model and large-scale climate coming from the driving model. Nowadays, there is still some controversy on

740　the use of indiscriminate nudging in regional climate models (e.g. Omrani et al., 2015). Some

741　studies agree that nudging does not allow the regional model to deviate much from the driving

742　fields limiting the internal physics of the regional climate model (e.g. Sevault et al. 2014; Giorgi

743　2019). Considering the atmosphere-ocean coupling, Sevault et al. (2014) conclude that the use of

744　spectral nudging strongly constrains the synoptic chronology of the atmospheric flow and thus

745　the chronology of the air-sea fluxes and of the ocean response; they also found that this

746　facilitates day-to-day and interannual evaluation with respect to observations, but nudging also

747　limits the internal variability of the atmospheric component of the coupled model. Conversely, in

748　a different study on extreme events in the Mediterranean Sea performed with a coupled

749　atmosphere-ocean model, Lebeaupin-Brossier et al. (2015) found that nudging does not inhibit

750　small scale processes and thus potential air–sea feedbacks are still simulated. This result is

751　consistent with Omrani et al. (2015) who suggested that the spectral nudging technique does not

752　affect the small-scale fields since only the large scales are relaxed.

753　Anyhow, to evaluate the sensitivity of the modeled surface variables to nudging, we performed

754　the same simulation with WRF-MITgcm without nudging. Overall, results indicate that without

755　nudging WRF-MITgcm has poorer performances and in general is in agreement with RegCM-

756　MITgcm. For instance, considering the 2-m temperature over the Mediterranean sea, during DJF

757　the bias with nudging is -0.19°C, while without nudging becomes -0.6°C, closer to RegCM (-

758　0.96°C); similarly, during JJA the WRF bias increases significantly from 0.05 °C (with nudging)

759　to 0.95°C (without nudging), while RegCM has a bias of -0.76°C. Likewise, the performances of

760　the ocean model are strictly affected by the poorer performances of WRF without nudging:

761　looking at SST the bias during winter is doubled (-0.21°C vs -0.54°C) but still lower than

762　RegCM (-0.95°C), while during summer the performances of WRF-MITgcm without nudging

763　(0.8°C) are even worse than RegCM-MITgcm (0.27°C), so much poorer that the same

764　configuration using nudging (0.26°C).

765　This analysis reveals that spectral nudging helps to keep the large scale circulation of the

766　regional model in phase with the driving model; however, we remark that nudging does not

767　avoid the model to develop large local bias related to poor representation of some processes; this

768　result is particularly clear for the cold bias during winter over North-Eastern bound of the

769　domain (**Figure 3**).

770 Notwithstanding the better performances, nudging has also to be used with caution: strong

771 inconsistencies between regional model and driving large-scale fields may lead to unrealistic

772 compensations within the model, for example, anomalous heat fluxes compensating for

773 temperature biases (Brune and Baehr, 2020).

774 We conclude that in the context of coupled atmosphere-ocean models, the correct representation

775 of surface winds is crucial to simulate ocean-atmosphere interactions correctly. In details, we

776 noted that poor representation of winds by RegCM led to significant deviations from

777 observations within the ocean model. This result is consistent with the poorer performances of

778 RegCM-MITgcm that mainly depend on the large bias in surface wind speed introduced with

779 RegCM. In this regard, as already discussed by Omrani et al. (2015), the wind above the PBL is

780 a key variable to nudge to simulate surface temperature, wind, and rainfall correctly. As wind

781 determines the transport of all conserved quantities like heat and moisture, their correct

782 representation has a relevant impact on several other quantities.

783 Finally, the comparison with offline results (not shown) suggests that atmosphere-ocean coupling

784 over the Mediterranean region remarkably changes the surface climate over the sea but, over

785 continental Europe, the climate is poorly constrained by the coupling. This is because the large-

786 scale systems mainly dominate the climate over central Europe originated in the Atlantic Ocean,

787 as already discussed in other studies (e.g. Somot et al., 2008; Artale et al. 2010; Turuncoglu and

788 Sannino, 2017). Nevertheless, as highlighted by Lebeaupin-Brossier et al. (2015), differences in

789 SST between offline and coupled simulations directly affect the local evaporation and

790 precipitation as well as the occurrences of extreme events.

791 Notwithstanding the low sensitivity of atmospheric components in the Mex-CORDEX region,

792 coupled models remain useful tools to predict future climate over the Mediterranean area (Artale

793 et al., 2010), which is widely recognized as climate change hot spot (e.g. Giorgi, 2006; Tuel and

794 Eltahir, 2020).

795

796 **Code availability**

797 The source code of the RegESM driver is distributed through the public code repository hosted

798 by GitHub (https://github.com/uturuncoglu/RegESM, last access: 24 December 2020). The

799 version that is used in this study is permanently archived on Zenodo and accessible under the

800 digital object identifier https://doi.org/10.5281/zenodo.4386712. The user guide and detailed

801 information about the modeling system and how to compile it are also distributed along with the
802 source code in the same code repository.
803 The standard version of WRF model is publicly available online at
804 https://github.com/NCAR/WRFV3/releases/tag/V3.8.1 (last access: 24 December 2020) but the
805 customized version that allow to couple with RegESM modeling system is permanently archived
806 on Zenodo and accessible under the digital object identifier
807 https://doi.org/10.5281/zenodo.4392230. The MITgcm model can be freely downloaded from its
808 web page (http://mitgcm.org/source-code/ (last access: 24 December 2020) but the substantially
809 modified version to allow coupling with RegESM modeling system can be accessible at
810 https://github.com/uturuncoglu/MITgcm and it is permanently archived on Zenodo and
811 accessible under the digital object identifier https://doi.org/10.5281/zenodo.4392260. The
812 RegCM model can be downloaded from public GitHub repository (https://github.com/ictp-
813 esp/RegCM, last access: 24 December 2020), while the HD model is available at
814 https://wiki.coast.hzg.de/display/HYD/The+HD+Model (last access: 24 December 2020) but
815 slightly customized version that enables coupling with RegESM modeling system can be
816 accessed from the public GitHub repository (https://github.com/uturuncoglu/HD) and it is
817 permanently archived on Zenodo and accessible under the digital object identifier
818 https://doi.org/10.5281/zenodo.4390527. For each model, the coupling support is provided
819 contacting the authors (alessandro.anav@enea.it; turuncu@ucar.edu;
820 gianmaria.sannino@enea.it).
821 The initial and boundary meteorological conditions, provided by the European Centre for
822 Medium-Range Weather Forecast (ECMWF), can be freely downloaded from the ECMWF web
823 page (https://apps.ecmwf.int/datasets/data/) after registration.
824 The LEVITUS94 monthly climatology for temperature and salinity is available at the web page
825 https://iridl.ldeo.columbia.edu/SOURCES/.LEVITUS94/.MONTHLY/ (last access: 24
826 December 2020). The Mediterranean and Black Sea database of temperature and salinity
827 (MEDATLAS/2002) is available at http://www.ifremer.fr/medar/.
828

829 **Author contributions**

830 UT wrote the RegESM driver, while all the authors worked on the coding tasks to couple the
831 model components through RegESM. AA and MS performed the simulations. All authors
832 discussed the results and contributed to the writing of the article.

833 **Competing interests**

834 The authors declare that they have no conflict of interest.

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34

Geoscientific
Model Development
Discussions

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1124 **TABLES**

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1126 **Table 1.** Set up of atmospheric components of the ENEA-REG system with main physical
1127 parameterizations adopted in the simulations.

Model set-up	WRF	RegCM
Domain	Med-CORDEX	Med-CORDEX
Simulation period	1st October 1979-31st December 2013	1st October 1979-31st December 2013
Horizontal resolution	15 km	20 km
Vertical resolution	35 levels up to 50 hPa	23 levels up to 50 hPa
Domain size	350x280 (lon x lat)	350x250 (lon x lat)
Physical option	**Adopted schemes**	**Adopted schemes**
Microphysics	WSM5 (single-moment 5 class)	SUBEX
Cumulus parameterization	Kain-Fritsch	Grell
Shortwave radiation	RRTMG	CCM3
Longwave radiation	RRTMG	CCM3
Land-surface	Noah-MP	BATS
Planetary boundary layer	Yonsei University Scheme	UW-PBL
Surface layer	Revised MM5 Monin-Obukhov scheme	Zeng
Boundary condition	**Configuration**	**Configuration**
Meteorological boundary	ERA-Interim (~75 km), 6h	ERA-Interim (~75 km), 6h
Relaxation zone	10 points, exponential	6 points, exponential
Nudging	Spectral	N/A

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1138 **Table 2.** Mean annual water transport (in *Sv*) through the two main straits of Mediterranean Sea
1139 over the period 1982–2013.

	Gibraltar			Sicily		
	Eastward	Westward	Net	Northward	Southward	Net
WRF- MITgcm	0.965	-0.905	0.061	1.332	-1.357	-0.025
RegCM- MITgcm	1.009	-0.947	0.063	1.326	-1.356	-0.030

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1175 **Table 3.** Averaged temperature (°*C*) and salinity (*psu*) at different depths for the DIVA dataset
1176 and anomalies computed between the reference DIVA data and results from the coupled models.
1177 Values are averaged over the entire Mediterranean Sea and over the western and eastern basins
1178 for the temporal period 1982–2013.
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		Temperature				Salinity			
		Depth [m]				Depth [m]			
		0-150	150-600	600-3500	0-3500	0-150	150-600	600-3500	0-3500
MED	**DIVA**	16.20	14.04	13.33	13.78	38.43	38.73	38.62	38.63
	WRF	-0.24	0.08	0.12	0.06	-0.01	0.02	0.08	0.06
	RegCM	-0.88	-0.39	0.03	-0.17	-0.01	-0.02	0.10	0.06
WMED	**DIVA**	14.99	13.42	12.98	13.26	37.95	38.51	38.47	38.43
	WRF	0.13	0.15	0.05	0.07	-0.08	-0.03	0.01	-0.01
	RegCM	-0.40	-0.28	-0.05	-0.13	-0.07	-0.08	0.01	-0.02
EMED	**DIVA**	16.89	14.41	13.56	14.10	38.70	38.86	38.73	38.75
	WRF	-0.45	-0.04	0.15	0.03	0.03	0.06	0.10	0.09
	RegCM	-1.16	-0.44	0.05	-0.20	0.02	0.02	0.13	0.10

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Geoscientific
Model Development
Discussions

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FIGURES

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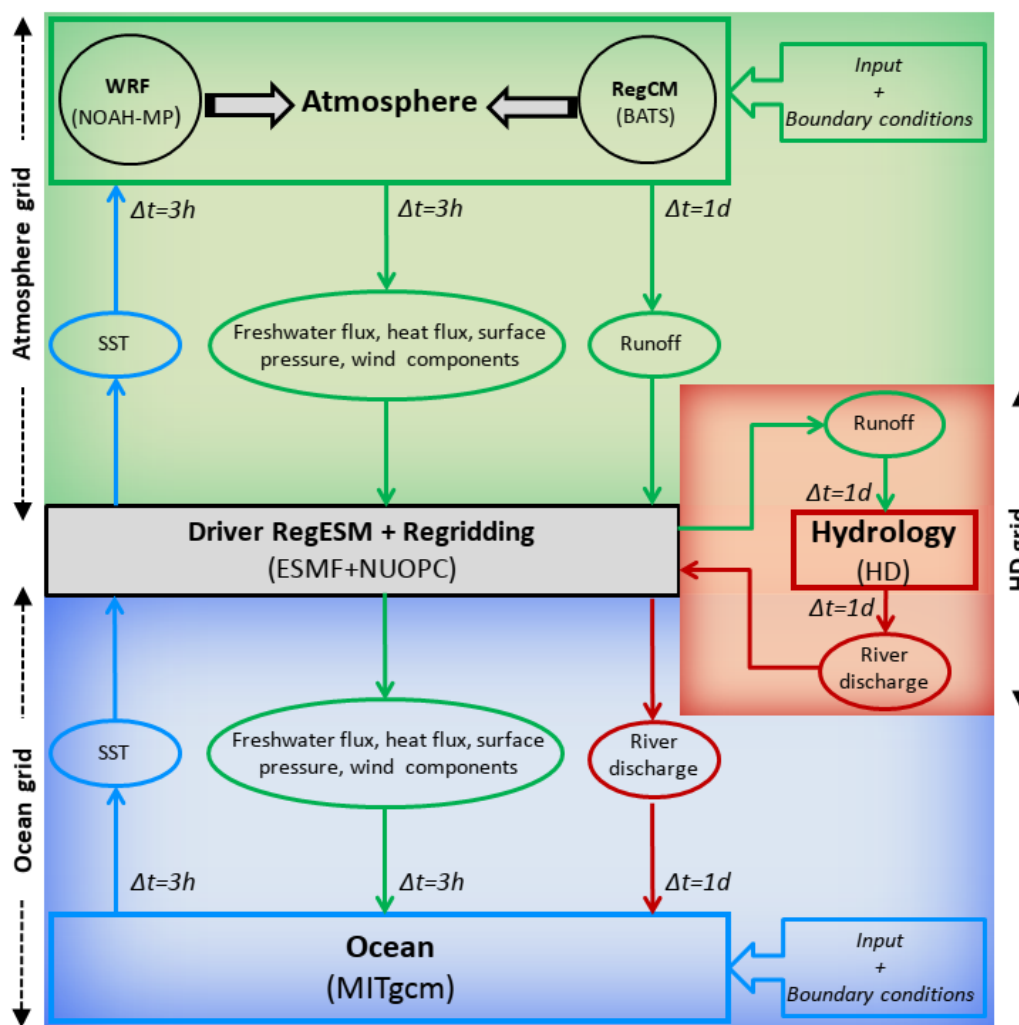
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Figure 1. Schematic description of the ENEA-REG regional coupled model. The green block represents the atmosphere with the two components that can be selected and used (i.e. WRF and RegCM), the blue block is the ocean component (i.e. MITgcm), the red block represents the river routing component while the grey block is the ESMF/NUOPC coupler which collects, regrids and exchanges variables between the different components of the system.
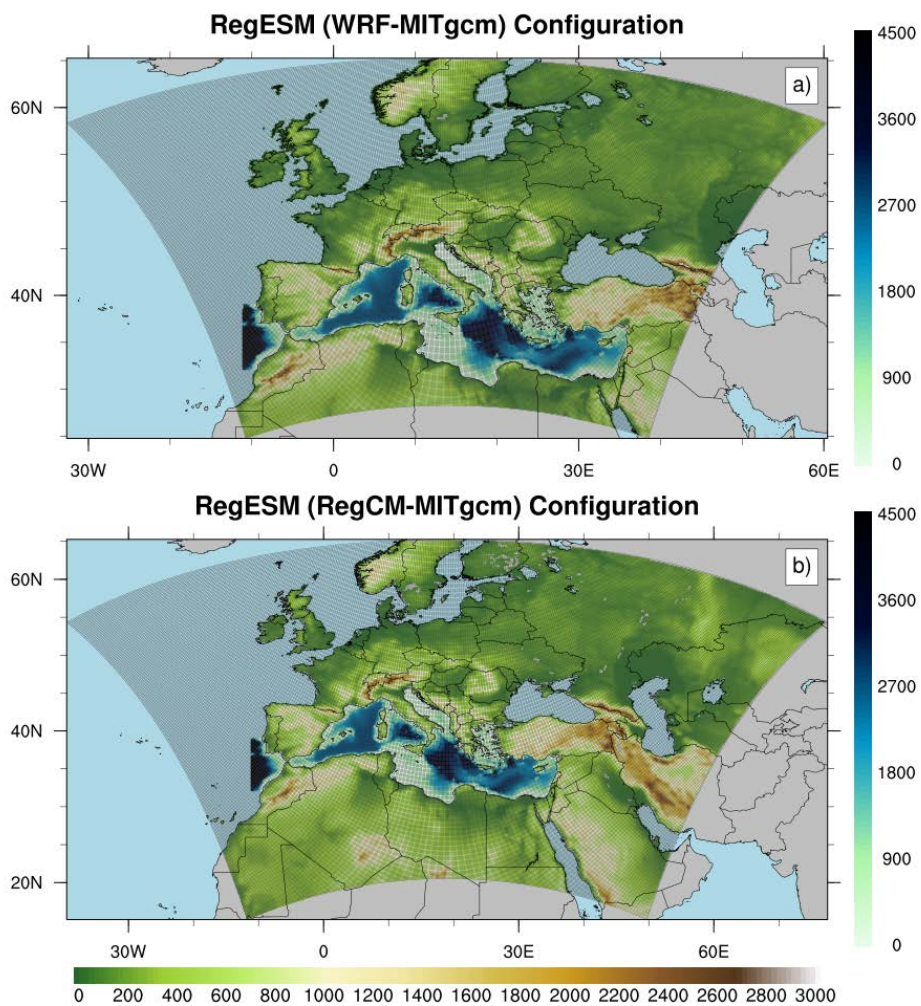
Figure 2. Different domains of the ENEA-REG system, with green shading representing the topography of the atmospheric models (i.e. WRF and RegCM, solid grey lines indicate the computational domain) and blue shading the bathymetry of the ocean component.
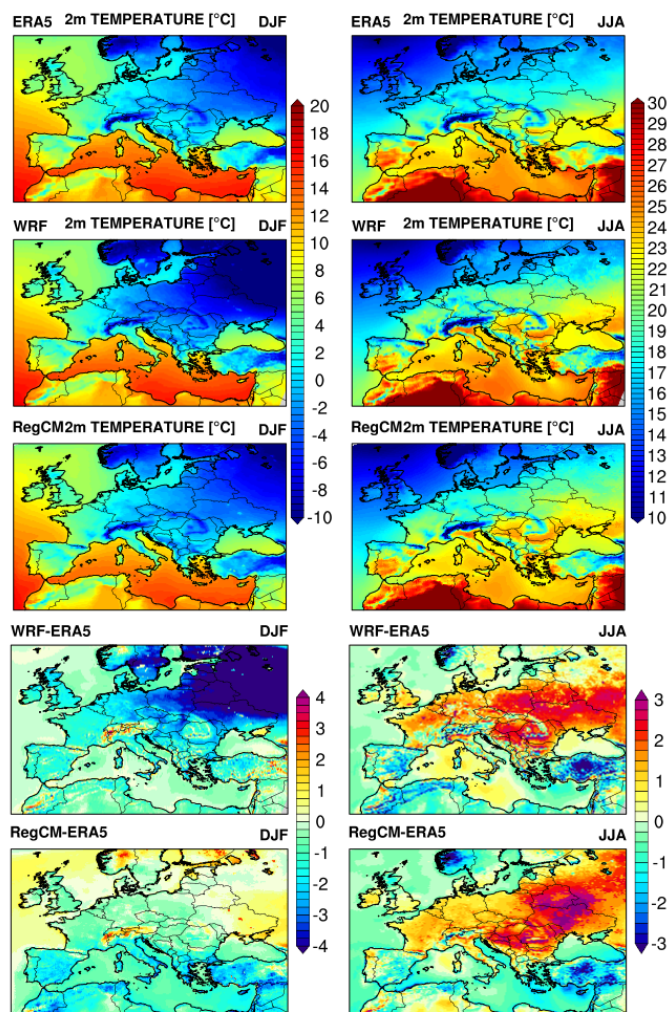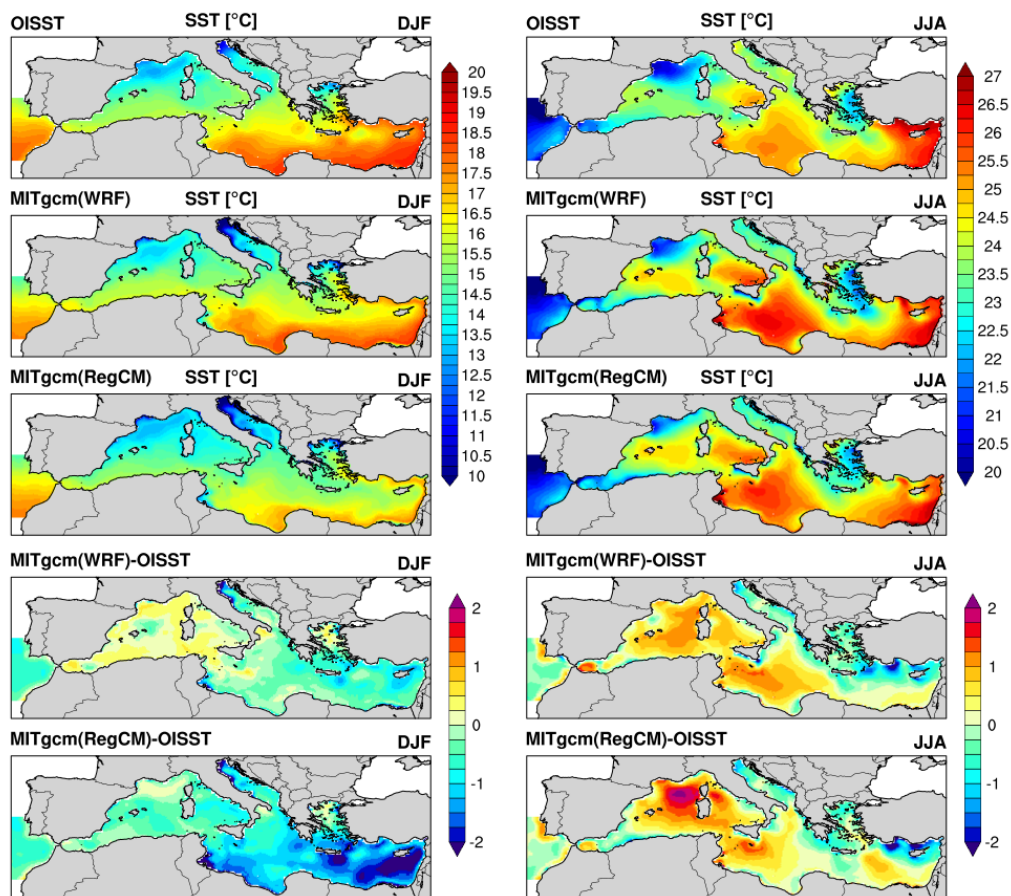
Figure 3. Seasonal winter (DJF) and summer (JJA) spatial pattern (upper three panels) and bias (lower two panels) of 2m air temperature as simulated by the coupled model using the two atmospheric components (i.e. WRF and RegCM) and ERA5 dataset between 1982 and 2013. Note that in the bias panels ERA5 data are interpolated into the atmospheric model grid. Mind also the differences in colour scales between DJF and JJA climatologies.
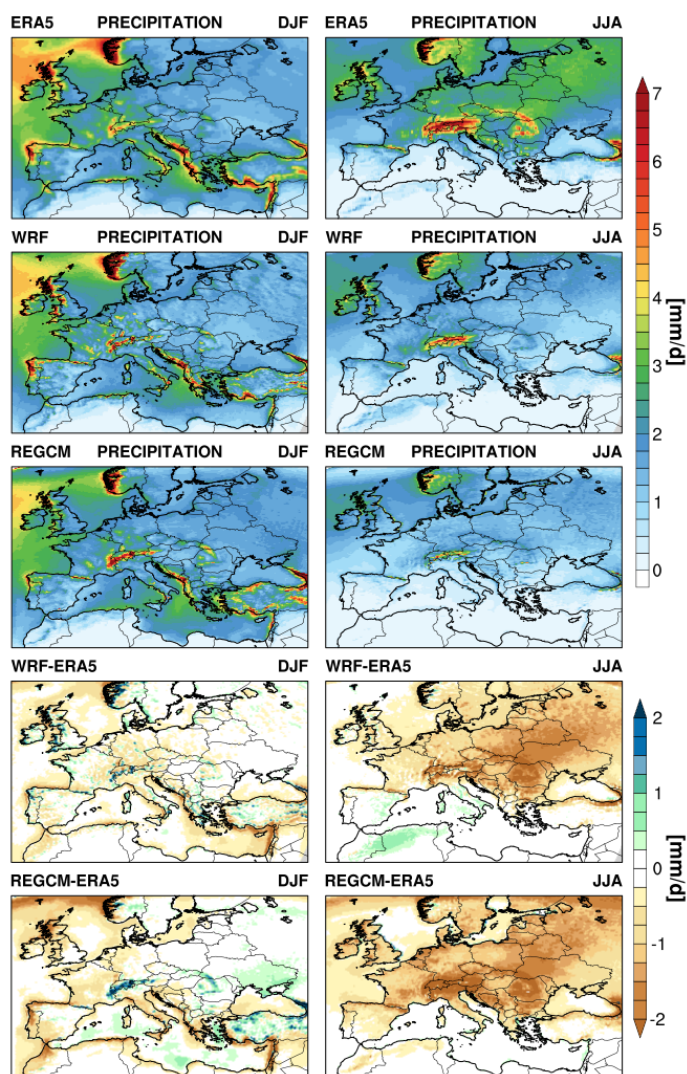
Figure 4. Seasonal winter (DJF) and summer (JJA) spatial pattern (upper three panels) and bias (lower two panels) of precipitation as simulated by the coupled model using the two atmospheric components (i.e. WRF and RegCM) and ERA5 dataset between 1982 and 2013. Note that in the bias panels ERA5 data are interpolated into the atmospheric model grid.
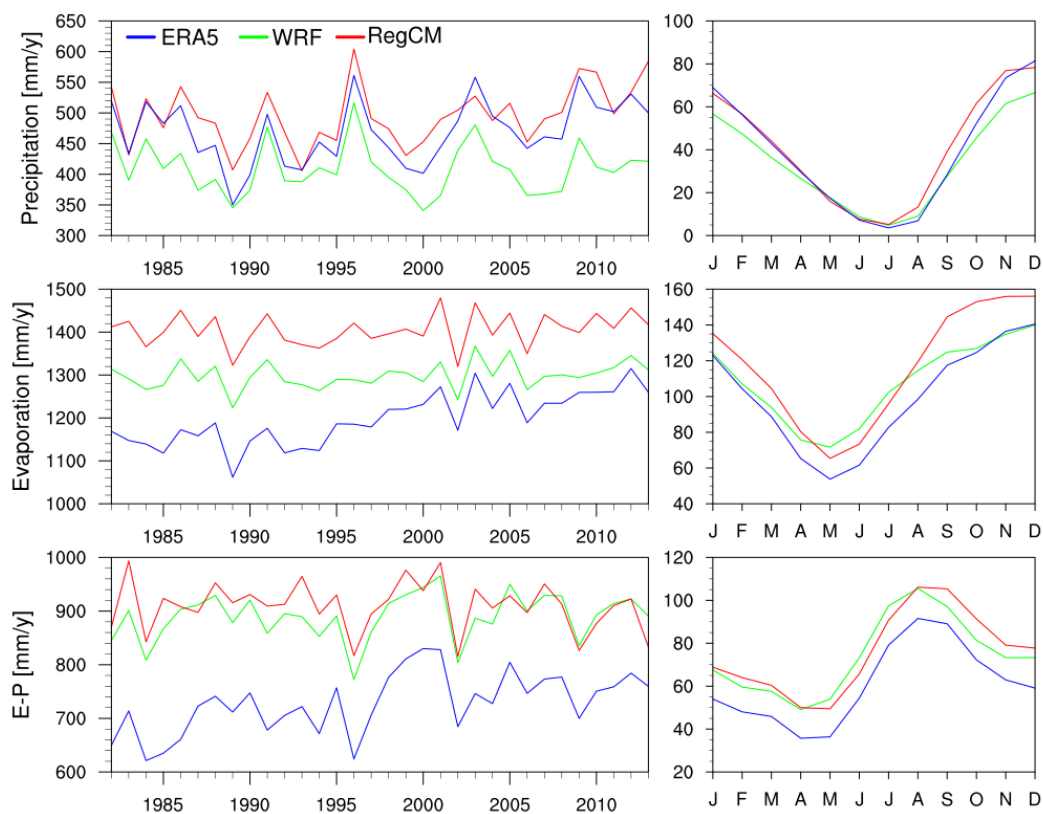
Figure 5. Interannual variability (left panels) and mean seasonal cycle (right panels, units mm/month) of freshwater flux components. i.e. precipitation (P), evaporation (E) and their difference (E-P), computed over the Mediterranean basin as simulated by the ENEA-REG system and ERA5 reanalysis.
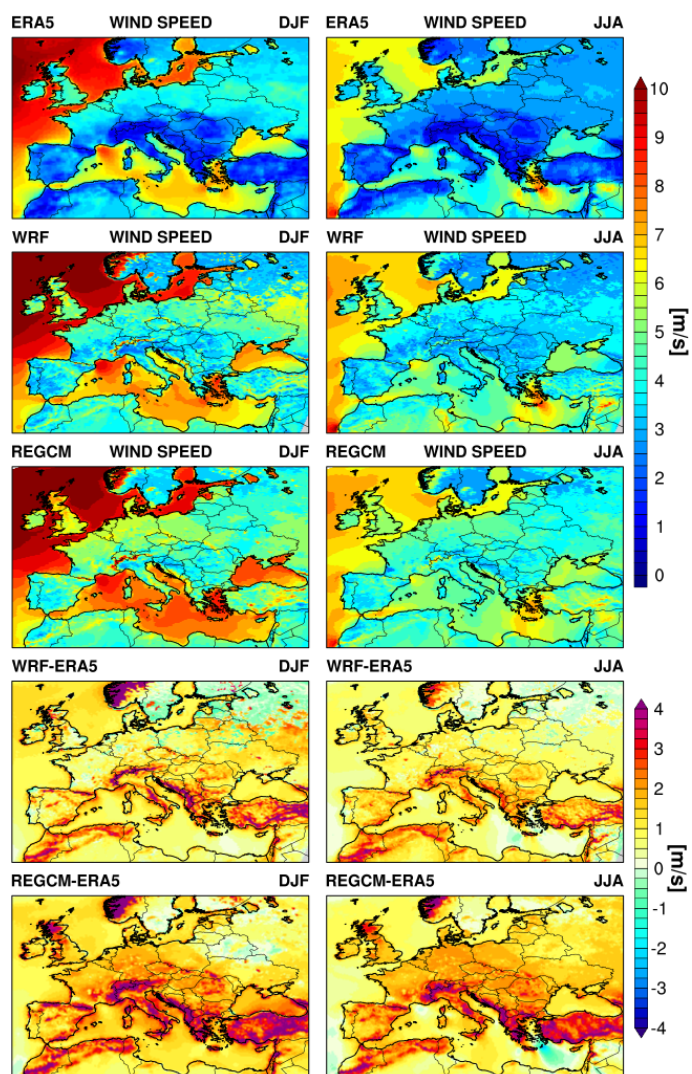
Figure 6. Seasonal winter (DJF) and summer (JJA) spatial pattern (upper three panels) and bias (lower two panels) of 10m wind speed as simulated by the coupled model using the two atmospheric components (i.e. WRF and RegCM) and ERA5 dataset between 1982 and 2013. Note that in the bias panels ERA5 data are interpolated into the atmospheric model grid.
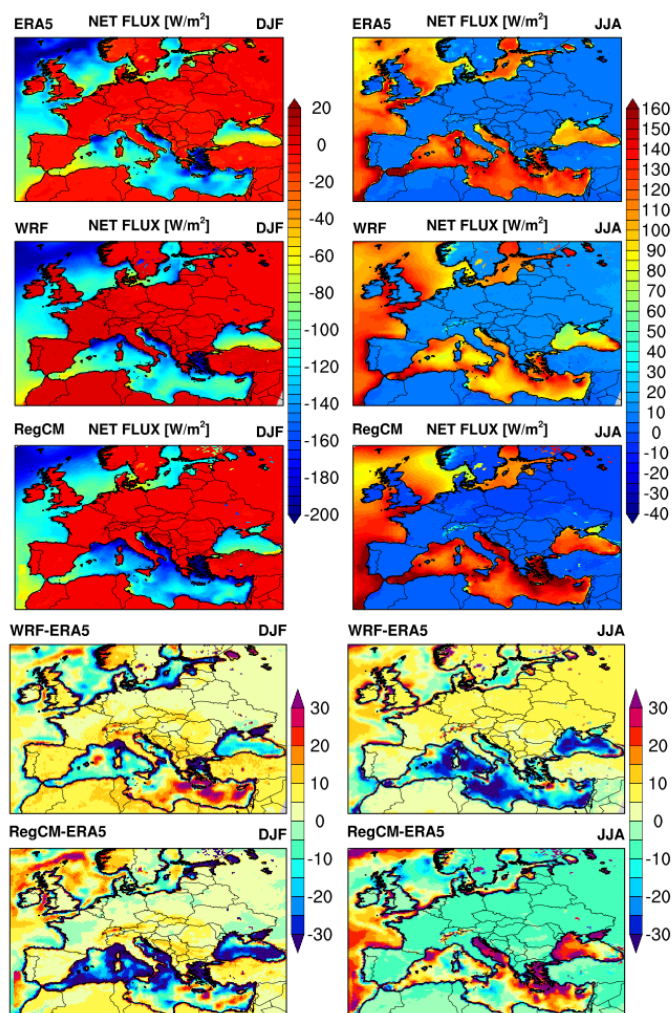
Figure 7. Seasonal winter (DJF) and summer (JJA) spatial pattern (upper three panels) and bias (lower two panels) of net heat flux as simulated by the coupled model using the two atmospheric components (i.e. WRF and RegCM) and ERA5 dataset between 1982 and 2013. Note that ERA5 data are interpolated into atmospheric model grids for comparison purposes. Mind also the differences in colour scales between DJF and JJA climatologies.
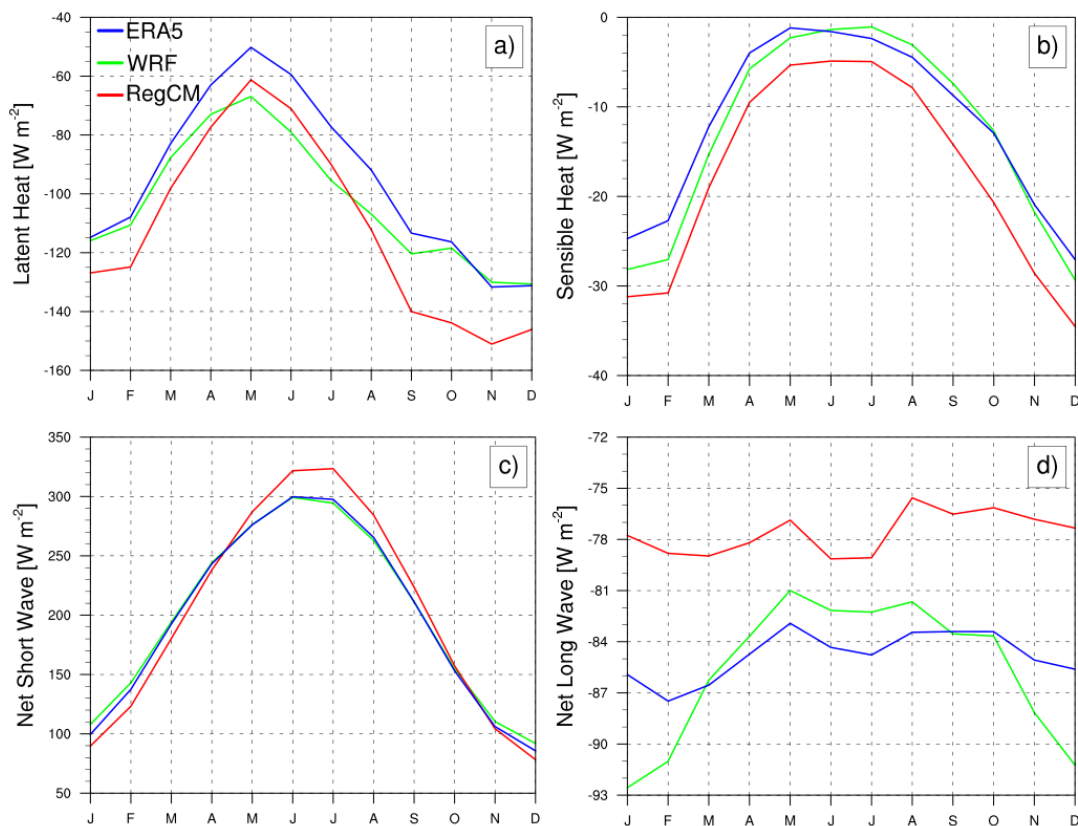
Figure 8. Mean seasonal cycle of net heat flux components over the Mediterranean basin as simulated by the ENEA-REG system and ERA5 reanalysis over the period 1982-2013.

Figure 9. Seasonal winter (DJF) and summer (JJA) spatial pattern (upper three panels) and bias (lower two panels) of sea surface temperature (SST [°C]) as simulated by the coupled model using the two atmospheric components as forcing (i.e. WRF and RegCM) and OISST dataset between 1982 and 2013. Note that OISST data are interpolated into ocean model grid for comparison purposes. Mind also the differences in colour scales between DJF and JJA climatologies.

Geoscientific
Model Development
Discussions
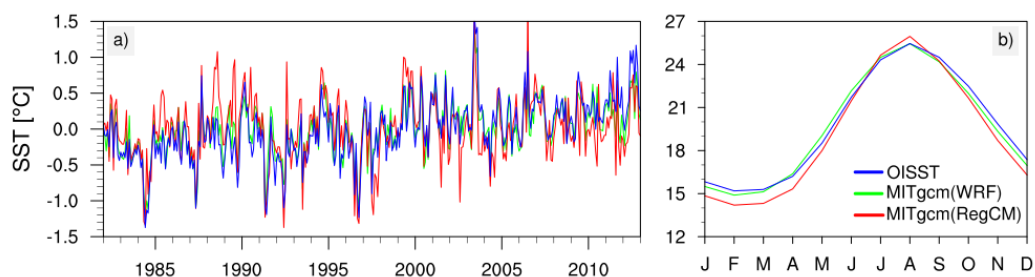
Figure 10. Comparison of monthly anomalies (left panel) and mean seasonal cycles (right panel) of sea surface temperature simulated by the ENEA-REG system with OISST observation.

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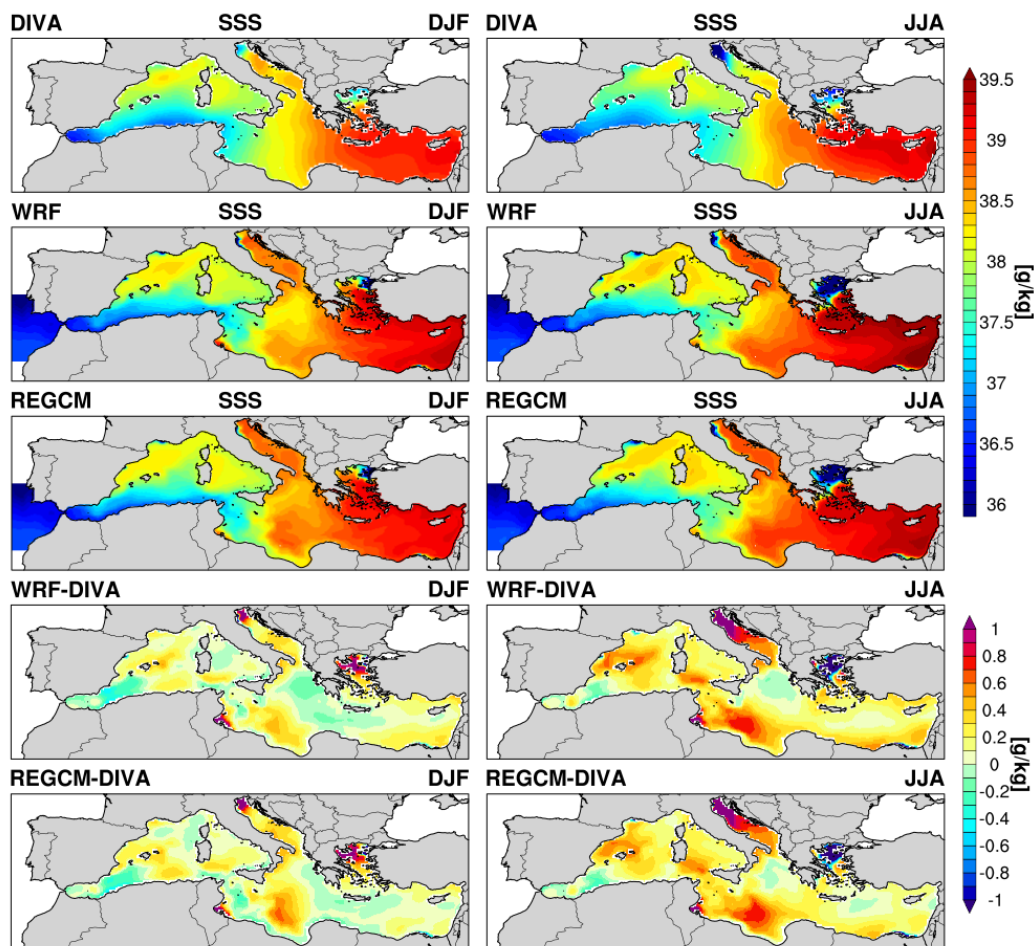
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Figure 11. Seasonal winter (DJF) and summer (JJA) spatial pattern (upper three panels) and bias (lower two panels) of sea surface salinity (SSS [*g/kg*]) as simulated by the coupled model using the two atmospheric components (i.e. WRF and RegCM) and DIVA dataset between 1982 and 2013. Note that DIVA data are interpolated into ocean model grid for comparison purposes.

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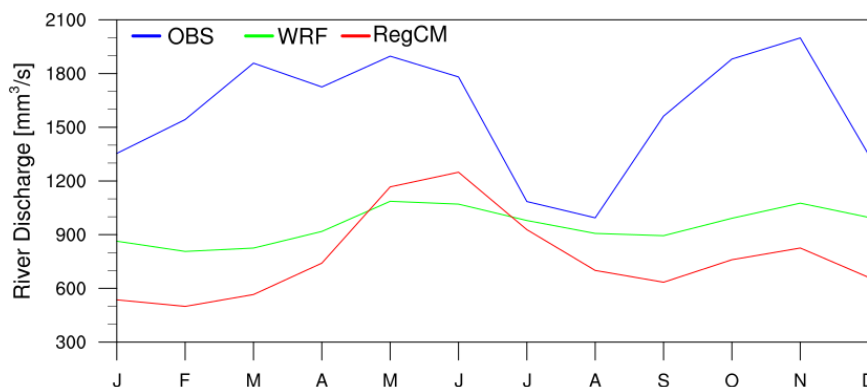
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Figure 12. Mean seasonal cycle of the river discharge of the Po river into the Adriatic Sea as simulated by the two configurations of the coupled model and the observational dataset RivDis.

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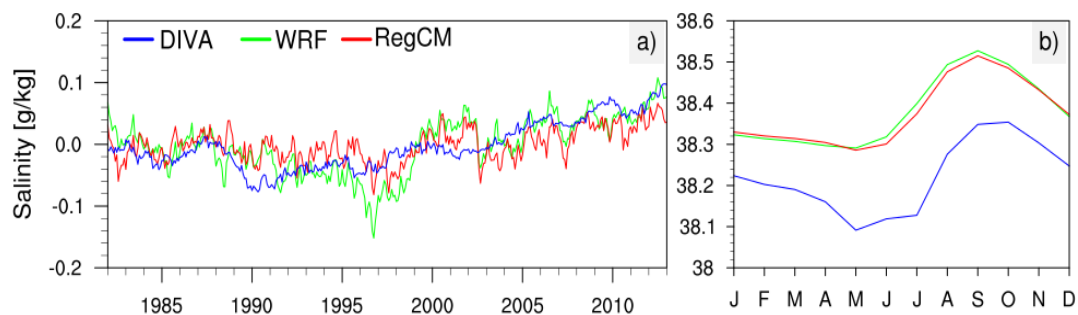
Figure 13. Comparison of monthly anomalies (left panel) and mean seasonal cycles (right panel) of sea surface salinity simulated by the ENEA-REG system with DIVA dataset.
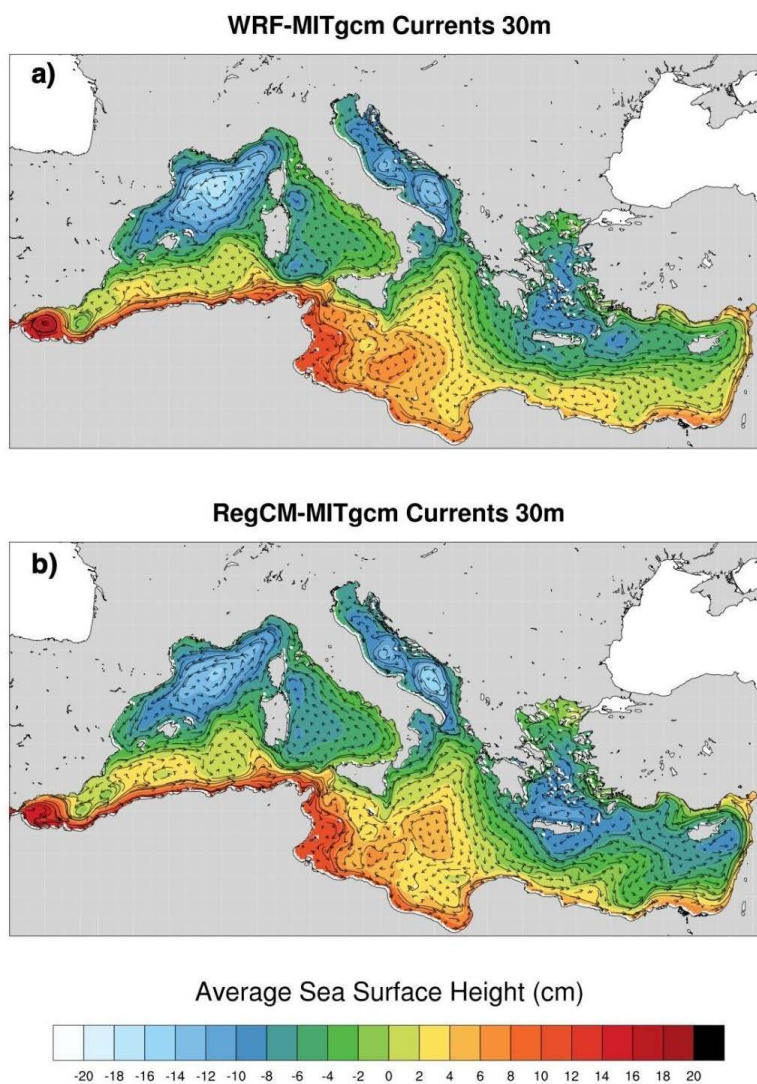
Figure 14. Mean annual sea surface elevation along with sub-surface (30m) circulation as simulated by the two configurations of the coupled atmosphere-ocean model; data are averaged over the temporal period 1982-2013.
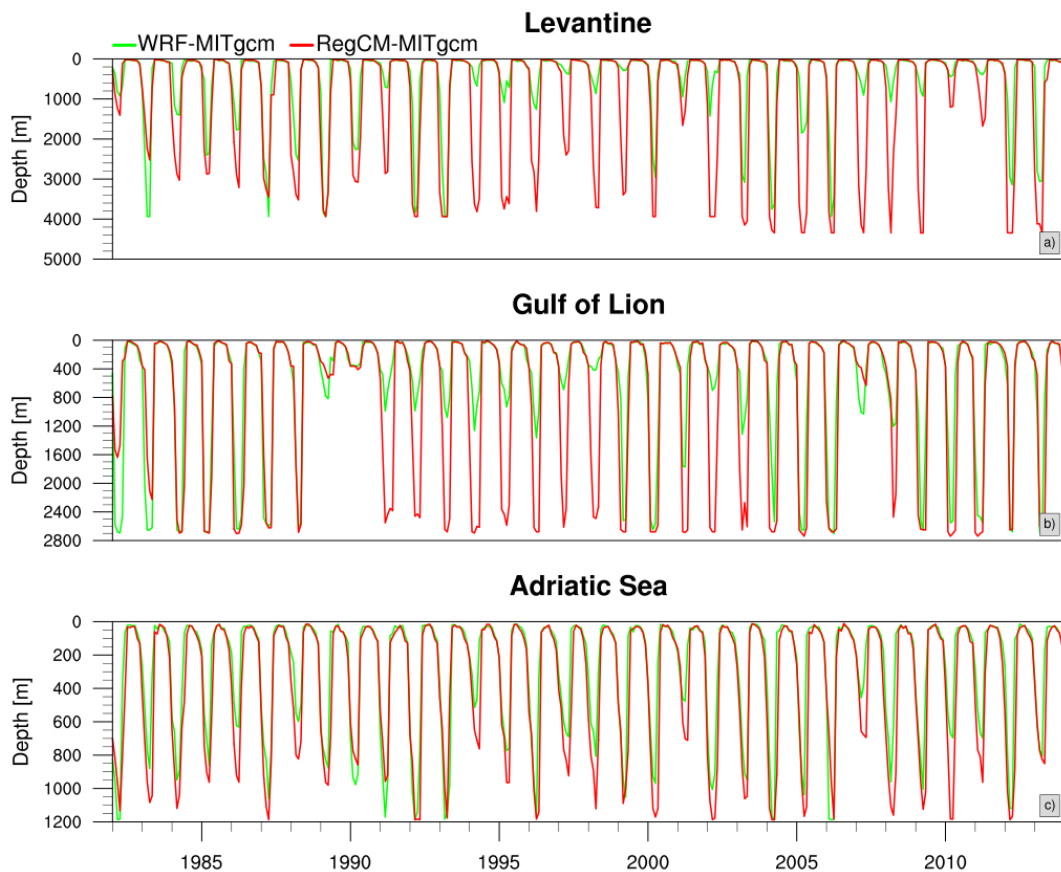
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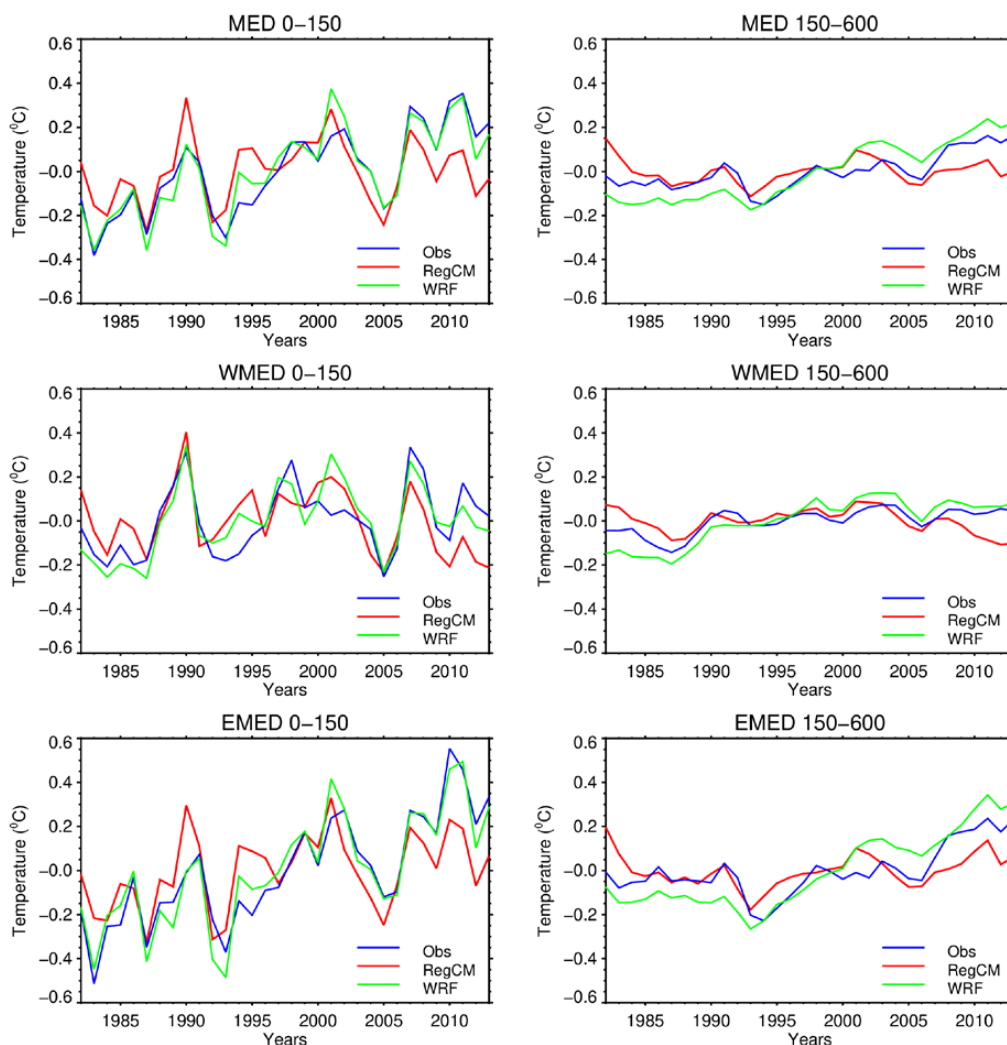
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Figure 15. Annual mean temperature anomalies ($°C$) for upper (0-150 m) and intermediate (150-600 m) layers of the Mediterranean Sea, Western and Eastern basins over the period 1982-2013.
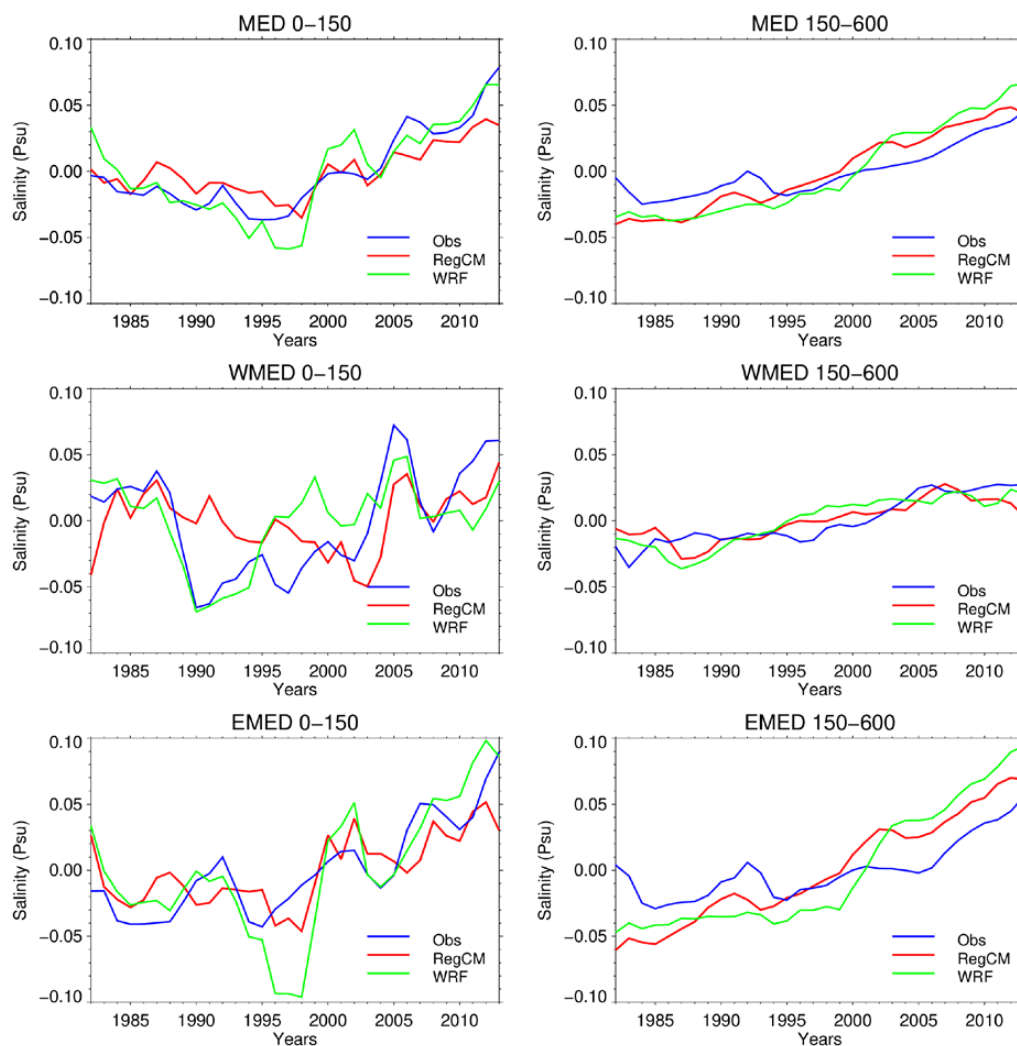
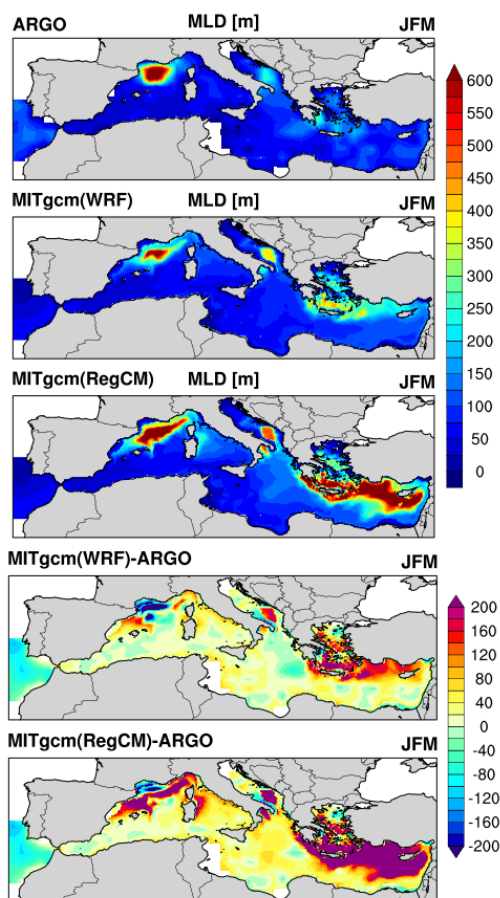**Figure 16**. Annual mean salinity anomalies (*psu*) for upper (0-150 m) and intermediate (150-600 m) layers of the Mediterranean Sea, Western and Eastern basins over the period 1982-2013.

Figure 17. Time evolution of the maximum MLD computed over the Levantine basin, Gulf of Lion area and Adriatic Sea for WRF-MITgcm (green) and RegCM-MITgcm (red) simulations.

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Figure 18. Winter (JFM) spatial pattern (upper three panels) and bias (lower two panels) of mixed layer depth (MLD [m]) as simulated by the coupled model using the two atmospheric components as forcing (i.e. WRF and RegCM) and ARGO dataset between 1982 and 2013. Note that ARGO data are interpolated into the ocean model grid for comparison purposes.
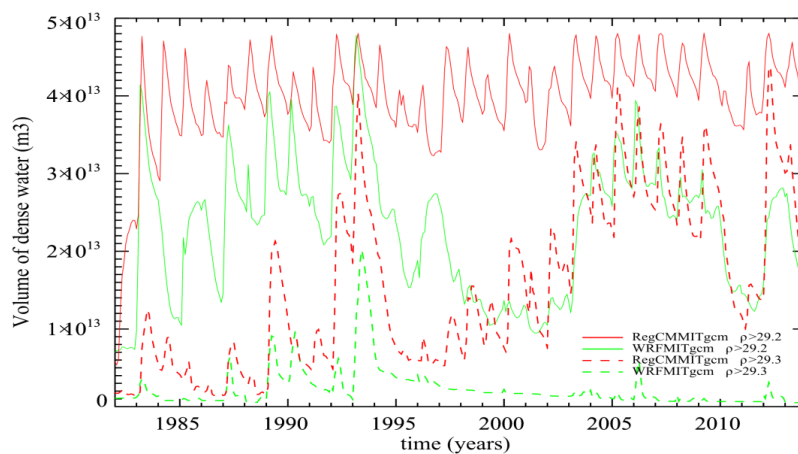
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Figure 19. Monthly volume of water denser than 29.2 kg m^{-3} (solid line) and denser than 29.3 kg m^{-3} (dashed line) produced in the Cretan Sea for the two configurations of ENEA-REG system.