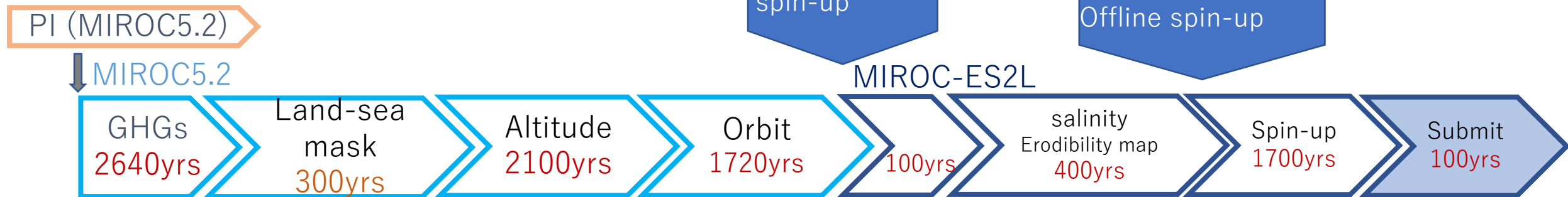


(a) spin-up procedure of LGM



(b) spin-up procedure of 6ka



(c) spin-up procedure of 127ka



(d) Spin-up procedure of LM and HIST

